ENERGY SHIFTS 3

NAVIGATING THE GREATEST SHIFT IN 26,000 YEARS

A Guidebook For Shift Navigators:
2022 To 2032

TOWARDS NEW STRUCTURE

J.J. MONTAGNIER

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PREFACE

Back in 2010, I became fully aware of the Maya calendars for the first time after being introduced to them by an acquaintance in Cape Town. At the time, I had just returned from Northern Ireland after having lived there for some years and I was open to new ideas and experiences. The idea of an ancient cyclic time system that was both personal and cosmic, really gripped me and I was naturally drawn to it, but I soon realized just how complex the subject was.

A few months later, I discovered that I was not introduced to the authentic Maya *Tzolkin* Calendar but to a parallel system called *The Dreamspell*, also known as the 13-Moon Calendar. This alternative system was apparently based on the Tzolkin's structure, but its components were not in line with the cyclic energies and archetypes as defined by the Mayas. It was a copy of the Maya system, but it used other criteria to define the energies, such as aspects of the I-Ching.

I immediately switched over to the authentic Maya Tzolkin and asked my acquaintance to only provide me with genuine Maya calendar resources because I wanted to further my Maya Calendar studies in the best possible way. That was my first experience with realizing that a lot of conflicting information existed out there about the Maya calendars and their prophecies; and I continued to experience that during my further research.

Three years later, at the beginning of 2012, I found myself back in Ireland, this time in Dublin. On arrival, I enrolled in a Jungian psychology course as I had always had an interest in human psychology and consciousness, and my Maya calendar studies up to that point had enhanced my interest even further.

After the highly anticipated 'end of the Maya calendar' passed uneventfully in December of 2012, my interest was piqued even more. As the months progressed into 2013 and later 2014, I was increasingly surprised by how people could become so excited in anticipation of something major that was expected to happen (the 2012-shift), but could then just walk away from it all and promptly lose virtually all interest.

In the Jungian psychology course I was doing, the existence of archetypes that affected human psychology on a collective level

came up; in particular 'the archetype of the end', also known as the apocalypse archetype. My lay-man's reasoning at the time was that such an archetype would not exist in the human psyche for no reason at all; and those thoughts were the start of my real journey down the road of trying to find out what this archetype was all about.

My search for answers has taken me down a long winding path of exploration until now – much of it intellectual, philosophical, and spiritual. Along the way, I passed through a number of countries in Central and South America, where I lived for a few years between 2015 and 2020. I eventually returned to South Africa at the beginning of 2020, just before the global health crisis started.

The years 2020 and 2021 gave me the perfect opportunity to consolidate some of my findings – and these chapters are the result. This book is a compilation of essays written in a concise and condensed format between the months of June 2020 and November 2021 (updated for 2022 in the final edit). They cover summaries of my main conclusions that I had obtained through my research since starting out on my initial journey and exploration of all Maya calendar-related and consciousness-shift themes back in 2010.

This batch of chapters draws on (and are the highlights of) previous essays written from 2012 through to 2019, but some themes have been expanded on and clarified. The original series of essays will be compiled into two other books of essay collections, so although this is the first book to be published, it is sequentially the 3rd book in what will become a series of books.

Objectives and Writing Processes:

In the years leading up to 2012, there were a number of unseemly quarrels among prominent writers, presenters, and followers of the Maya calendars online. My main objective from the outset was to try and keep my persona (and ego) out of my writing as far as that would be possible and to work only with legitimate and authentic resources. I soon realized, however, that I could not remove myself from my own work entirely, because I was also the work.

I decided to take more of an empirical or scientific approach, but to infuse that with some spiritual insights and intuitive guidance for balance where appropriate, so that my writing was not too abstract. I also decided to do comparative analyses with compatible spiritual systems for extra depth and cross-system verification. In addition, I

felt compelled to draw on some of my other intellectual and personal pursuits in the areas of psychology and anthropology.

Importantly, I really wanted to get the math right, especially with regards to how everything fits together as far as the cycle-fractals were concerned. For added visualization, I worked with graphic designers to create illustrations that could accompany the descriptions and explanations. Accuracy was an objective, as well as writing for simplification and clarity in order to make the complexity of the energy cycles more accessible, while keeping the core information intact. In other words, these essays are written for lay-persons who are relatively new to some of this subject matter.

For this work, I have drawn heavily on the wisdom of the Mayas and on the writings of many qualified, knowledgeable and experienced people, and I have referenced them where appropriate. To a large extent, these essays are summarized reference-works that point readers in the right direction for further study; they are not comprehensive studies in themselves. Consequently, I have concentrated on specific aspects of the energy cycles and ancient calendars while omitting other aspects.

What I am offering herein is a dedicated and serious exploration – to the best of my ability – but in a very condensed format on the subject of cyclic energy shifts as measured by the Maya Calendars and the Vedic Yuga systems. Although I have made my best efforts to be accurate in all the information presented, I cannot guarantee that this content is error-free. Moreover, on some themes there would be a degree of subjectivity, so readers should always read critically and make up their own minds.

I hereby offer this small contribution to readers who have an interest in the future of humanity. My wish is that it may provide some basic and foundational understanding of what is presently unfolding in the world on a metaphysical plane. Hopefully, readers will find spiritual guidance in this work and perhaps aspiring writers on the themes discussed would use this book as a reference for further exploration.

I would like to extend my sincere gratitude to my dedicated blog readers who have over the years, provided me with valuable feedback and encouragement – their input has kept me going and has made this journey all the more worthwhile.

J.J. Montagnier

Montagu, Western Cape, RSA

18 December, 2022 (13 Toj, Trecena of Noj)

CHAPTER 1

THE RISE AND FALL OF POLARISATION

Introduction

Throughout the ages, there have been times of turmoil and times of peace. In recent years, many nations have been going through increasing polarisation within their societies. Considering the seriousness of many of the crises that our planet is facing, a unified approach to dealing with them globally is likely to remain elusive as long as social and political polarisation are so severe that they overshadow all other issues. This situation, with no clear end in sight, raises several important questions.

Q: Why has the world become so polarised?

What is the reason for so much polarisation? Should we not have moved into global harmony after 2012? Why is the polarisation so extreme? How long will it last? How well are we handling it? Are humans capable of living in harmony at all? Does polarisation have any purpose? When will we arrive at 'peak polarisation'? How can we deal with the pressing problems facing the world today in the midst of so much polarisation?

Fortunately, some of these questions can already be answered, but they are more accessible when taking a metaphysical view. Keeping an

open mind is, therefore, recommended as we delve into these rather complex issues. During our discussion, it will become evident that some answers automatically lead to more questions which we will be exploring, too.

Q: Where does the polarisation come from?

The high polarity that has been present in the world since around 2014 is due to a shift in metaphysical energy that took place after 2012 (as detailed in *Collection 1* – *Chapter 3*). There was a change from relative stability and harmony during the 20 years prior to 2012 to a significant deterioration in social cohesion after that. This turn of events has been contrary to the high expectations that many people had had for a more unified post-2012 world.

Q: Why did we not move into harmony after 2012?

Some predictions for the post-2012 world drew heavily on modern interpretations of well-known prophecies found in the mythology of indigenous peoples in the Americas. For example, *The Hopi Prophecy [1]* and *The Prophecy of The Eagle and The Condor [2]* were commonly referenced.

The Hopi Prophecy especially speaks of the potentiality for future apocalyptic events which could destroy parts of the world, while both prophecies speak of the possibility of a new world of collaboration and harmony that could unfold within a new social order – which could come about if humanity chooses the right course of action.

There had been a growing interest in Maya calendars during the decades leading up to 2012. This interest broke into Western consciousness mainly through the entertainment industry. Blockbuster films, for example, tended to highlight the apocalyptic elements of various indigenous prophecies (such as the Hopi, Aztec, Inca as well as the Maya civilisations) but often ascribed all such elements to the Mayas.

In contrast, esoteric spiritual communities and writers in the *Mayanism [3]* movement tended mainly to highlight elements in the prophecies that related to a future time of harmony and unity; however, they rarely delved deeply into what it would take for humanity to arrive at such a long-lasting state of equilibrium. The mindset seemed to be that an automatic shift in consciousness would (hopefully) bring about a state of harmony naturally.

Looking Back:

Today, in the middle of 2020 (at the time of writing), we are able to look back at what has happened since 2012. Many events that could be described as apocalyptic have already come to pass. Most of them have more or less resembled what the prophecies had predicted – but, perhaps, not quite to the extent that they were depicted in the movies.

Earthquakes[4], volcanoes[5], extreme droughts[6][7], unprecedented wild fires [8] and insect plagues [9], as well as human pandemics, such as MERS [10], Ebola [11], Zika [12] and presently, Covid-19 [13], have all featured since 2012. But the much-anticipated social harmony has been conspicuous by its absence with partisan politics having dominated the social and political spheres more than ever before. In addition, the polarisation seems to be still in the process of building up to a crescendo.

Q: Were the Mayas wrong?

It is important to know that there is a metaphysical framework in the universe and that certain recurring social and societal trends can, indeed, be mapped according to specific time frames that fit into that metaphysical framework. That framework, being largely invisible, means that it is only to an extent accessible through anthropological or archaeological research, or through deep metaphysical study practices.

Prophecies – unlike ancient calendar systems – are notoriously vague when it comes to exact future timelines or time frames. *The Hopi Prophecy* and *The Prophecy of The Eagle and The Condor* would both fall into that category. Although they are absolutely indispensable for understanding the overall context of the *shift of the ages*, they are – strictly speaking – not 'the' Maya prophecies.

Q: What, then, are the Maya Calendar Prophecies?

Prophecies for specific time frames can be found in the Maya *Short Count* calendar which contains prophecies that relate to 20-year periods known as *katuns.* It was these *katun prophecies* and their associated energies that pointed to the high polarity and volatility that would characterise the first two decades after 2012.

Modern-day forecasters should, therefore, have paid as much attention to the *Short Count* calendar as they did to the *Long Count* calendar. But prior to 2012, the *Long Count* calendar 'stole the show'

because it was used to calculate the date of the rare 5,125-year *Great Cycle* Fourth-to-Fifth-World shift at the end of 2012.

Q: How does the *Short Count* calendar work?

The 256-year *Short Count* cycle and calendar, which comprises 13 *katuns* of 19.7 years each (to be exact), is a fractal (which is – in the context of cycles – a cycle within a cycle) of the 5,125-year *Long Count* cycle and calendar and fits into it twenty times. Said differently, thirteen *katuns* make a *Short Count* cycle and twenty *Short Count* cycles make a *Long Count* cycle.

The *Long Count* calendar went out of use around 800 AD. It was replaced by the *Short Count* calendar which has been in use ever since by the post-Classic Yucatec Maya people. Maya calendar scholars and enthusiasts in the West 'revived' the *Long Count* calendar through their research prior to 2012.

How it works:

The *Short Count* calendar assigns a specific symbol called a *tone* to each of its thirteen *katuns*. This symbol (a number) denotes certain aspects of a *katun's* energy. For example, right now we are in *Katun 2 Ahau* (between 2012 and 2032.) *Tone* 2 symbolises duality and polarity among other characteristics.

The *katun* prior to *Katun 2 Ahau* was *Katun 4 Ahau* (between 1993 and 2012.) *Tone* 4 represented stability and order and, overall, it appears to be one of the most stable energies found in the Maya calendars.

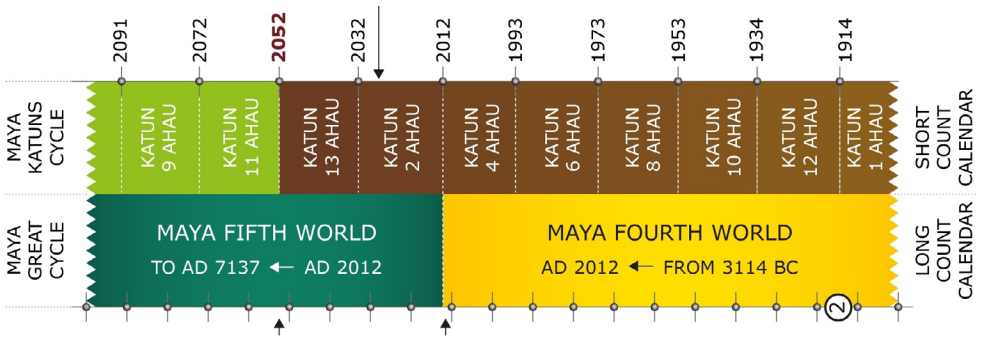


Fig. 1

The Energy of the Age:

An immediate observation from the information above is that in 2012 the energy of the *tones* shifted metaphysically from stability to heightened

polarity – and people who have been following world affairs would know that that has been exactly how things have played out.

The world has gone from relative order and stability during the 20 years prior to 2012 to palpable polarisation and disorder since then. That's not to say that there wasn't instability prior to 2012; it's just that it wasn't so palpable or extreme. This has been echoed by people who have in recent years reported that things have never been so polarised in their nations [14].

Advantage of the *Short Count* Calendar:

The idea of an instant elevation of consciousness followed by a quick renewal of the world was certainly an appealing one during all the hype before the shift-point of 2012 … but it was based on not understanding the nature of the intermediate shift period between the two *Great Cycles* from the Maya Fourth to Fifth Worlds.

The great advantage of the *Short Count* calendar is that it can be used to provide a relatively good idea of the nature of the shift period as it allows us to 'zoom into' the incremental stages of it. After doing that, we can 'zoom out' again to see the bigger picture. This approach could assist us in knowing when we can expect a return to more harmony from an energy perspective.

The Overall Length of the Great Shift:

The overall *Great Cycle* transition could take as long as an entire *katun cycle* of 256 years, meaning that there will be a long overlap phase between the two *Great Cycles* (for details, please see *Collection 1 – Chapter 2*). As illustrated in the segment above, this overlap consists of smaller, incremental transitions that happen along the way which is how the transitions between very large cycles actually work.

To illustrate this point even further, a comparison can be made with the transition stages that are found between the *Yugas* in the 24,000-year Vedic *Great Year* cycle from India. In that cycle, there are 200-year transition phases known as *sandhis* between some of the *Yuga* ages, with some *sandhis* taking as long as 300 or 400 years to run their course.

As an aside, the Vedic *Great Year,* just like the Maya *Five Worlds Cycle,* has incremental stages embedded within its *sandhis / transition periods* which can also be 'zoomed into', as will also be illustrated (in *Chapter 5)*.

Rising and Falling Energy:

Now that we know that large cycles consist of smaller cycles within the larger cycles (fractals) and that – in the context of the Maya calendars – we need to concentrate on the *Short Count* calendar instead of the *Long Count* calendar, we can consider an important energy trend that is found within the Maya calendars in general.

Energy flow rises and falls in a wave-like motion during a Maya calendar age or cycle. The energy of the age climbs the energy pyramid at the beginning of the age, reaches its peak at the mid-point of the age and then it descends on the other side of the energy pyramid to its lowest point where it would start to blend in with the energy of the following age. This means that all *katuns* can be divided into two *half-katuns*, with the first half having growing energy and the second half having declining energy.

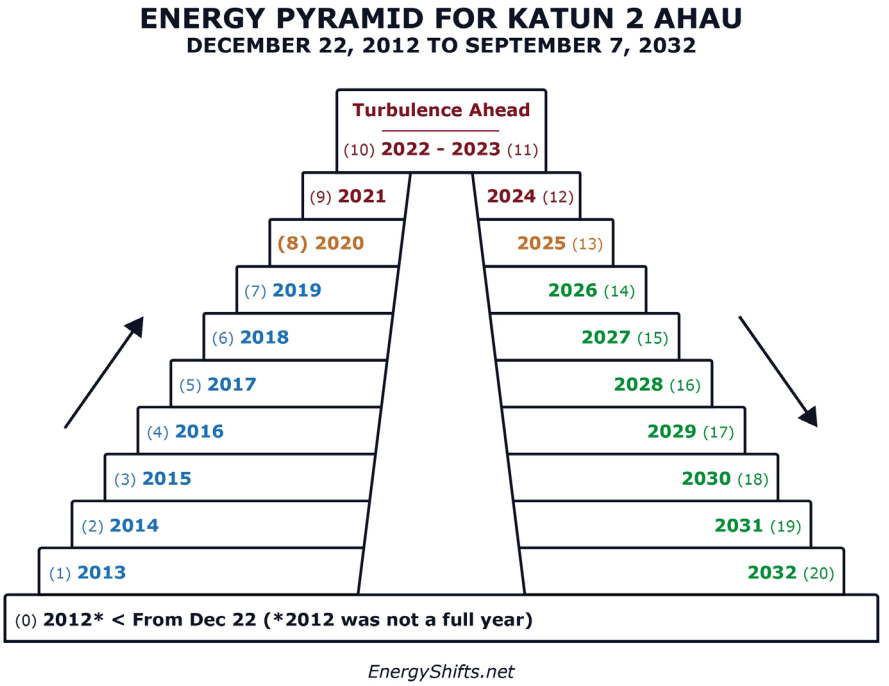


Fig. 2

Said in a different way, the energy would rise in intensity and influence for the first 9.85 years of a *katun* after which it would recede for the second 9.85 years in the *katun*. The years around the crest of the energy pyramid would be peak-energy years in terms of energy intensity. This means that, during the present *katun* from 2012 to 2032,

the highest levels of duality and polarity could be expected to manifest between 2020 and 2025.

From the middle or end of 2026 onward, the energy intensity and polarity should start to decline again. Bearing that in mind, societal developments since 2012 may come to a head during the upcoming peak-energy years.

A Shift from Material to Spiritual Energy:

Another aspect of the energy pyramid worth factoring in is that, in some cycles [15], the energy influence would be more materialistic during the first half of the energy pyramid and it would be more spiritual during the second half. That could also be the case for this *katun* age and, if that happens, the transition should be between the end of 2022 and the middle of 2023.

CHAPTER 2

MAYA KATUN PROPHECY IS UNFOLDING IN REAL-TIME

Q: What is the prophecy for Katun 2 Ahau?

The portion of the prophecy for *Katun 2 Ahau* (2012 to 2032) that is considered the most important by scholars is *"It was halfway famine, it was halfway feast. That was the burden of Katun 2 Ahau."*

This is Munro S. Edmonson's interpretation of a version of the prophecy found in *The Book of Chilam Balam of Chumayel* [1]. The prophecy is actually more comprehensive than just those two phrases. The rest of it will be explored in more detail later, in a future chapter.

Kenneth Johnson explains in his book *The Mayan Prophecies: The Renewal of the World 2012-2072* [2] that most scholars apply mainly two interpretations to the phrase "*It was halfway famine, it was halfway feast."* The first one is that half of the *Katun* would be prosperous and the other half would be "difficult". The second one is that there would be social disparities between the rich and the poor.

First 'Feast', then 'Famine':

As mentioned in the previous chapter, the energy of a *katun* ascends during the first half, reaches a peak in the middle, and descends during the second half. As stated in *Chapter 4* in *Collection 1,* the prophecy for *Katun 2 Ahau* should be read in reverse, i.e. that the *first half* of this *katun* (from 2012 to 2022) should be relatively 'easy' as there will be

continued growth and the *second half* (from 2023 to 2032) would be more challenging because there will be a decline.

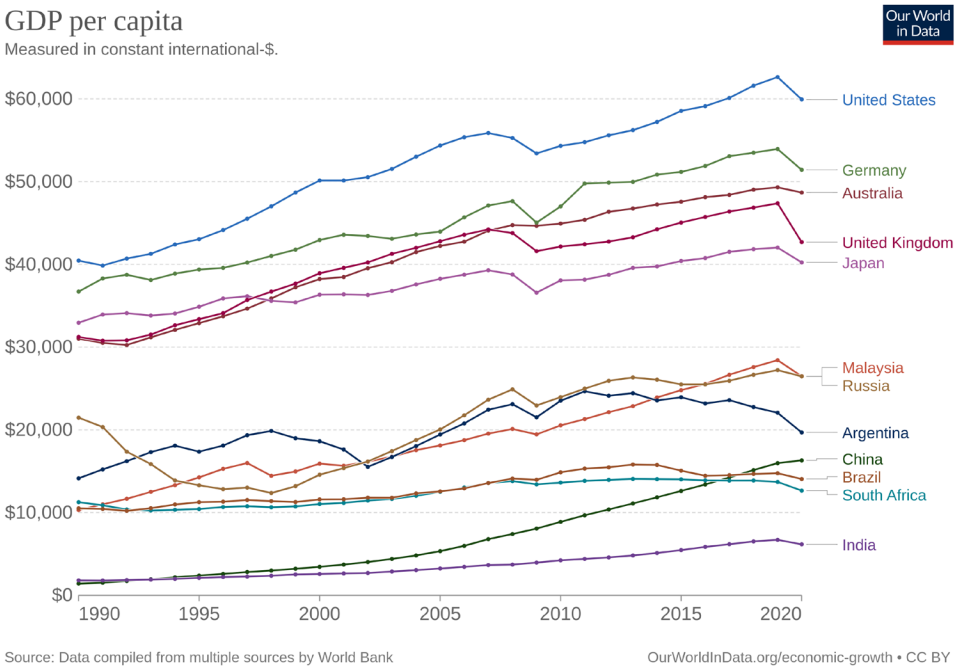


Fig. 3

This *katun* has, indeed, been prosperous from 2012 to 2020, with 2020 marking almost eight years of continuous general prosperity. Compared to past decades – and notwithstanding a lot of inequality still present in the world – there has probably never been so much general prosperity in the world on a global scale. That is if we consider how large the global population is today compared to past centuries when poverty levels were much higher [3].

An Unexpected Crisis:

Due to the negative economic repercussions that have yet to fully manifest as a result of the global quarantine measures (‘*lock-downs*’) that have been implemented in countries since March of 2020 as a response to the spread of Covid-19, a global economic downturn and a deep economic recession now seem almost inevitable. Just six months ago (at the time of writing), at the start of 2020, such an outcome was not evident at all, although there had been many warning signs that the global economic system was over-leveraged and overstretched because it never fully recovered from the 2008 financial crisis.

Getting Ready:

Since the extent of the imminent economic downturn cannot yet be measured or fathomed, and since we are very close to the symbolic 'feast' to 'famine' shift-point according to the prophecy between the two *katun-halves,* it would probably be prudent to prepare for a drastic change in economic circumstances because – as we can see from current developments – the prophecy for *Katun 2 Ahau* has matched reality so far and is presently unfolding powerfully in real time.

Although energy shifts can take some time to manifest, an overlap usually starts a couple of years before a *katun* or *half-katun* shift-point (as illustrated in *Chapter 3, Collection 1*) and, as we know from history, financial collapses can be sudden and brutal ... the 2008 financial crisis being a case in point.

Growing Social Disparities:

The first half of this *katun,* prior to the arrival of the Covid-19 crisis, had seen growing social unrest in the form of protests around the world [4][5][6][7]. These protests were mainly because of high food and fuel prices caused by austerity measures implemented by governments, with the working classes and the poor affected directly and severely while more affluent members of those countries were hardly affected at all.

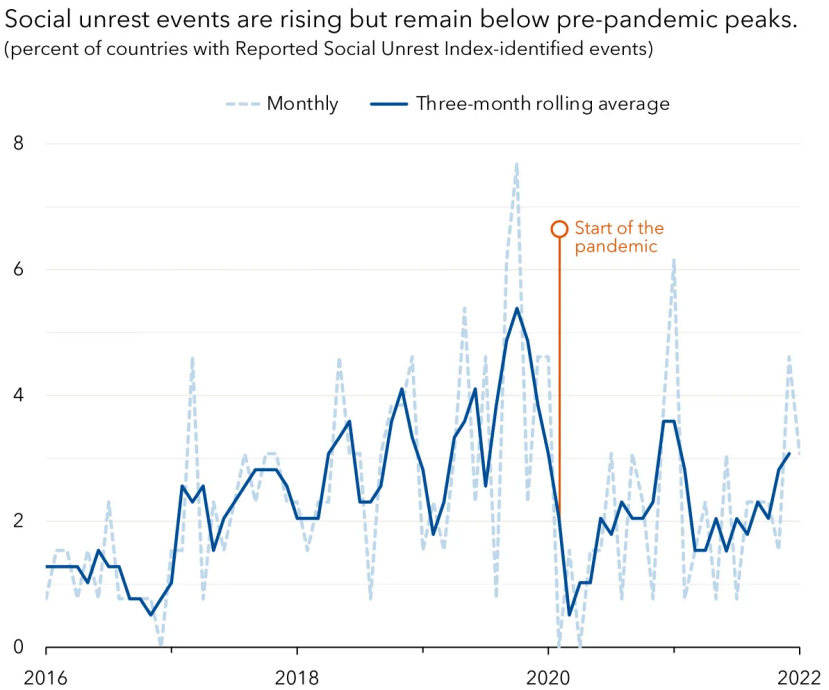


Fig. 4

Although protests around the world were interrupted by the global *lock-downs* implemented in March of 2020, severe rioting and looting subsequently broke out in the USA in June of 2020 in response to a police brutality incident [8] that had occurred in the city of Minneapolis – and which then spread to various cities around the world. One could speculate that the intensity of those protests was probably exacerbated by pent-up frustration caused by the months-long, home-confinement measures.

Unrest has since flared up [9] in nations where new *lock-down* regulations have been implemented due to an apparent resurgence of the Covid-19 virus in a second wave of infections (second waves being a common trait of influenza-like viruses [10]) after confinement measures had already been relaxed for a few weeks. How long the trend of *lock-downs* in response to this virus (and, perhaps, others) will continue is unknown at the time of writing, but what is known is that economies will continue to be negatively impacted.

There's no reason to believe that protests and social unrest would not continue to grow even further under such circumstances since a strong trend towards that had already existed prior to the *lock-downs* [11], and also because the lower strata of income earners in societies are generally much more affected by those type of measures than high-income earners. The result can only be that the gap between the rich and the poor will continue to widen at an accelerated pace.

In light of all these developments, we can clearly observe – and safely conclude – that the prophecy for *Katun 2 Ahau* has been manifesting accurately since 2012 and that all indications are that it will continue to play out accurately all the way to its end in 2032. The Mayas were not wrong … they were right. It was just that few people in the mainstream paid attention to the *katun prophecies.*

Q: What typically happens during a Katun 2 Ahau?

Although the Maya calendars originated in Central America, scholars have learned over time that these prophecies also have a general application in the world at large – as has been illustrated in the analysis above.

In the first chapter it was mentioned that in some energy cycles the first half of the energy pyramid would be more materialistic and the second half would be more spiritual in terms of the mindsets that people would exhibit. Those mindsets would naturally also affect real events in

society, and this segment will take a closer look at this concept within the context of what may happen during the rest of *Katun 2 Ahau*.

Studying the Katuns:

When Maya elders and shamans, or Western scholars, study a particular *katun's* characteristics, they analyse the historical time frames of the *katun's* past occurrences. The objective is to identify patterns of events that occur whenever a particular *katun* is active. Through this method, what typically happens during a *katun* becomes sufficiently clear to make predictions for what would or could happen when that *katun* is active again in the future.

Dissatisfaction in the Populace:

Kenneth Johnson identifies a recurring pattern of dissatisfaction in the populace during *Katun 2 Ahau* due to growing inequality, and he illustrates this through various examples. He states that in three of the previous *Katuns 2 Ahau* (731 to 751, 1500 to 1520 and 1756 to 1776), either the church or state rulers became completely out of touch with the needs of the populace. Corruption was rife [6], taxes were high and excessive demands were placed upon the populace in various forms [12].

Religious or Ideological Crises:

In an article titled *The Maya Katun Prophecies [13]* published in 1996, Bruce Scofield (a seasoned writer and scholar of Maya culture and astrology) stated that during previous iterations of *Katun 2 Ahau,* great religious or ideological crises arose. He explained that religions or ideologies either branched out into new forms, or were forcefully co-opted by others. He also identified a pattern of countries and individuals aspiring to more liberties and rights.

> *It is true that in previous 2-Ahau katuns there were great religious or ideological crises. Between 1500 and 1520 the Aztecs were conquered and forced to convert to Christianity. Also, in 1517, Martin Luther started the Protestant Reformation. 256 years later, between 1756 and 1776, the ideas of liberty and the rights of countries and individuals became a growing trend and this led to the American colonies declaring independence from England - Bruce Scofield [13]*

Towards Autonomy:

In his book titled *Mayan Calendar Prophecies: The Complete Collection of 2012 Prophecies & Predictions,* writer Gary C. Daniels delves deeper into the contexts that brought about the political, ideological and spiritual divides that came up during previous manifestations of *Katun 2 Ahau*.

He details, for example, how between the years of 1500 and 1520 the priesthood hierarchy in the church lost its influence and was abandoned in favour of a direct relationship with God, and how that ended up splitting the church. He also comes to the conclusion that the aspiration to group and individual autonomy during that *katun* laid the seeds for political independence in the USA on the return of that *katun* 256 years later [14].

An Evolutionary Process:

Each *katun* seems to build on its previous manifestation 256 years before it – and also on *katuns* that came before that. By studying history through a Maya calendar lens, it becomes evident that an evolutionary process related to the development of human consciousness is at work in the universe, which is – according to some schools of thought – the real reason why we find ourselves here on this planet, at this point in time (see also *Collection 2*). Fortunately, it's not all doom and gloom as will be revealed in the next chapters.

CHAPTER 3

PREPARING FOR THE HERO'S JOURNEY

Q: How long will the instability last?

Maya elders believe that during the beginning of every new *Great Cycle* the polarities between left or right, dark and light, and right or wrong, become highly accentuated. Kenneth Johnson echoes this by stating in his book [1] that, during all his research, he could not find any evidence of previous *Great Cycle* transitions having been completed without being accompanied by great upheaval.

The Transition Turmoil:

The last two *katuns* in the current 256-year *Katun Cycle / Short Count Cycle* (which is the final *Short Count Cycle* of the *Maya Fourth World) overlap* with the first 40 years of the new *Long Count Cycle / Great Cycle (the Maya Fifth World)* that started in 2012.

The energies of *Katun 2 Ahau* (2012 to 2032) and *Katun 13 Ahau* (2032 to 2052) are considered to be unstable and volatile. During *Katun 13 Ahau,* old systems and structures are expected to enter their final stages of collapse, paving the way for new systems and structures to rise from the ashes post-2052 (see also *Collection 1* – *Chapter 2*).

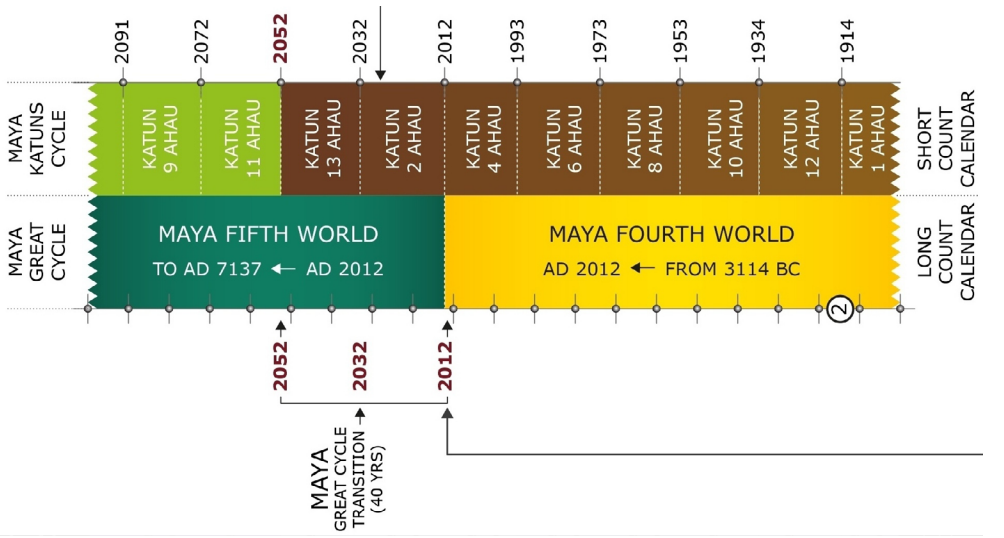


Fig. 5

In 2052, during *Katun 11 Ahau,* a new 256-year *Short Count Cycle* will start up and will bring with it a renewal of the world. The energy of that age should be highly conducive for new growth. Some instability will probably continue during that *katun* because *tone 11* is an unstable energy, but the worst of the transition turmoil should be over by then. This is more or less the conclusion of both the writers Bruce Scofield [2] and Kenneth Johnson [3] in their analyses of the *Katun Cycle.*

Fortunately, all dark ages also contain light, and *Katun 13 Ahau* will be very positive in some respects because the energy of *Tone 13* is one of the most spiritual energies in the Maya calendars.

The Ancient Law of the Universe:

The Mayas, just like other ancient civilisations, believed that whatever happens on earth 'below' is tied in with celestial motions 'above'. The fact that we are experiencing ever-increasing abnormal levels of upheaval globally, along with unprecedented (and strange) events combined with a sense that things are increasingly 'out of kilter', would strongly indicate that humanity is going through an extended period of being challenged and tested.

The Road Ahead:

The way is full of traps, but they do well until they come to the Crossroads, where each of four roads has a different color corresponding to a different direction. They choose the Black Road, which means, at the terrestrial level, that their journey through the underworld will take them from east to west. At the celestial level, it means that they were last seen in the black cleft of the Milky Way when they descended below the eastern horizon; to this day the cleft is called the Road of Xibalba - Popol Vuh (translated and interpreted by Dennis Tedlock [4])

The Above and Below of *Xibalba:*

The Maya underworld – known as *Xibalba* – is not only a place of symbolism and metaphor, it is a real place on earth … while it's also a celestial place that is observable in the night sky. *Xibalba* was considered to be inside some of the actual underground cave networks in the ancient Maya lands in today's Yucatan, Belize and Guatemala [5], while the celestial *Xibalba* is thought to be in the *Dark Rift* of the *Milky Way* [4][6]. The *Milky Way* is the celestial *World Tree* also known as the *Sky-tree* [6].

The Traversal Midpoint:

Modern-day astronomers are able to observe that the winter solstice sun in the Northern Hemisphere is traversing the *Dark Rift* of the *Milky Way* through the *Cygnus Rift* region and has been doing so since 1955. This annual crossing is a 145-year phenomenon that will run its course in the year 2100 [7]. The overall 145-year transit is such a rare event that it only happens once every 26,000 years (the importance and magnitude of this rare transition is explored in detail *in Chapter 5).*

During its annual transit, the sun's path is progressively moving closer to the centre of the *Dark Rift* (in the *Cygnus Rift* region) and will, according to accurate modern computer modelling [7], be most central – from a visual perspective – to it in the year 2030 as seen from earth (please note that this implies the centring of a transit path, rather than an alignment). According to a Maya astronomy source, that most-central transit position will actually take place in December 2031 [8].

Important Clarifications:

If one divides the 145 years of the transit duration in two and deduct half of it (which is 72.5 years) from the year 2100 (the end-date of the transit), the result is the year 2027 which is about four years prior to the end of 2031. The year 2027 is, in itself, a significant year and will be discussed further in *Chapter 5*.

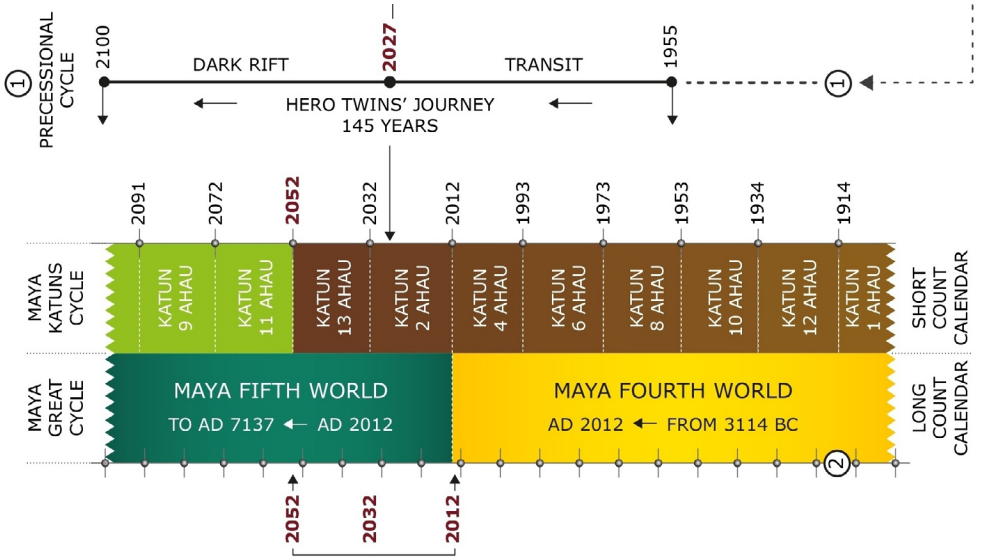


Fig. 6

It's worth noting that prior to 2012 it was stated by some writers that the 2030 to 2032 midpoint transit (described above) was going to occur in 2012 and that it would have to do with the sun's alignment with the galactic equator. That theory came mainly from the writer John Major Jenkins (but many other writers extrapolated upon it) who prior to 2012 was considered as one of the foremost experts on the subject of the Maya calendars. However, various astronomy sources [7][12] have subsequently stated that our sun actually came closest to being in alignment with the galactic equator in 1998. It would seem that Mr Jenkins might have made use of 'fuzzy astronomy' – as some critics have put it [7][8].

There is, however, a large amount of symbolism attached to the *Cygnus* constellation (which happens to contain the Northern Cross as its most visible feature) and this is to do with transformation and rebirth – and also death and resurrection [9][10].

For many ancient cultures – as evidenced in their mythologies [10] – the *Dark Rift* and more specifically the *Cygnus Rift* were portals between this world and the *Otherworld* (which referred to the supernatural world,

the ancestral world and / or the metaphysical underworld), and this was also the case for the Mayas. In the Maya creation myth, the *Popol Vuh,* the journey of transformation and rebirth through the underworld after entering it through the 'dark cleft' (the *Dark-Rift)* is depicted in the story of the *Hero Twins* [4].

The Transition Milestone:

The reason why the midpoint year of the winter solstice sun's transit through the *Dark Rift* between 2030 and 2032 is so noteworthy is because that position in time will be right in the centre of the Maya *Short Count Cycle's* 40-year overlap (see Fig. 6) with the new Maya *Great Cycle* mentioned at the beginning of this chapter. In addition, December 2031 will be a few months prior to the energy shift-point in September 2032 from the current *katun*, *Katun 2 Ahau* to the next *katun, Katun 13 Ahau.*

The years 2031 and 2032 could, therefore, be considered together as a time marker and midpoint milestone for when the deepest levels of darkness would be reached, and it will mark a turning point for when the energy will start shifting back again towards the light (within the context of the *Dark Rift Transit*).

The Dark Night of the Collective Soul:

The synchronicity of the above phenomena indicates strongly that humanity is currently entering its collective *Dark Night of the Soul.* That darkness is descending upon the world in relation to real-world events is not in dispute either and is more evident now (in the third quarter of 2020 at the time of writing) than it was before the year started.

Although polarity and upheaval have been increasing since 2012, 2020 marks a significant change in circumstances in terms of the global economy due to the impacts of the worldwide Covid-19 *lock-downs*, which have been accompanied with growing levels of autocracy in some places.

Much of what is still to come remains in the dark, but events and trends in 2020 (at the time of writing) have been sufficiently ominous to expect worsening social, economic and political conditions worldwide in the coming years. However, being forewarned is being forearmed.

The Hero Twins Lead the Way:

Fortunately, there's not only light at the end of the tunnel, but a lot of light along the way, and the following segments will concentrate on one of the most important sources of light.

The Maya creation myth depicts a battle between the forces of dark and light in the story of the *Hero Twins*, two brothers who are summoned by the *Lords of Xibalba* for a ballgame with them in the underworld. What follows is a classic and rich example of *The Hero's Journey,* which is a universal pattern of transformation and growth found in the myths and stories of all cultures as well as in the lives of all human beings. All humans understand this concept at a fundamental level, either consciously or unconsciously, since it's an archetypal pattern in the human psyche.

The sequence and structure of *The Hero's Journey* became popularised in Western culture to a large extent through the works of Jungian analyst and writer Joseph Campbell in his book *The Hero with a Thousand Faces* [11]. Similarly, the epic journey of the Maya *Hero Twins* (who were *Light Bearers* and a force for good) through the Maya underworld of *Xibalba* ultimately results not only in the complete transformation of the protagonists (several times over and in different forms), but in the ordinary world being transformed, too. During the overall process, the forces of darkness are eventually defeated with their powers being greatly diminished in all spheres.

The most fundamental theme in the underlying structure of *The Hero's Journey* – in all stories – is that the hero is compelled to face the darkness, often against their will; but only by doing so can they bring about positive change within themselves and within the world at large.

The Light Bearers Illuminate the Way:

Individuals, cultures, nations and civilisations all go through their own *Hero's Journey* at different stages of their existence, and from time to time – every 5,125 years or so – all of humanity goes through it collectively … and that's what is happening right now. Humanity is currently passing through the 'birth canal' section of the *Great Shift* from the Maya Fourth to Fifth World.

The *Light Bearers* – each of them a Hero on the *Hero's Journey* – who are presently traversing this earthly realm are here to illuminate the path as humanity transits the *Dark Road* so that those who are going

through the *Dark Night of the Soul* (who are in many cases the *Light Bearers* themselves) can find their way.

The amount of light along the way will depend on the number of *Light Bearers* who keep their torches lit all the way. Their role is to successfully pass their torches down the line so that a *New World* influenced by *Light* can form while the old world falls away. More sources of light along the way will be revealed in *Chapter 5,* but first we will be zooming-out for a *Big Picture View.*

CHAPTER 4

THE BIG PICTURE VIEW

The *Precession of the Equinoxes' Cycle:*

The *Precession of the Equinoxes* refers to the shifting orientation of the earth's axis caused by the pull of the gravitational forces of the Sun and other celestial bodies. These forces cause the earth's axis to be slightly tilted and, as it spins, it wobbles slightly over time, similar to the motion of a spinning top.

The result is that the orientation of the earth's poles is not constant. Over time, the North and South Poles point to different constellations. Consequently, the *star map* that's viewable at night from any position on earth changes over time, too.

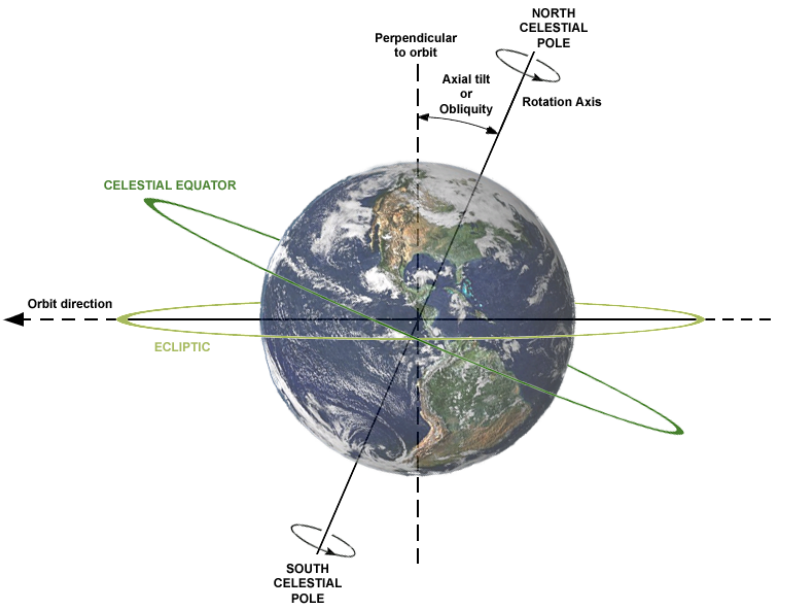


Fig. 7

The time that it takes for the earth's poles to come full-circle to point to their original positions again is variable – but falls within a band of 24,000 to 26,000 years. The estimated average length of one completed *Precession of the Equinoxes' Cycle* is currently defined as 25,772 years [1].

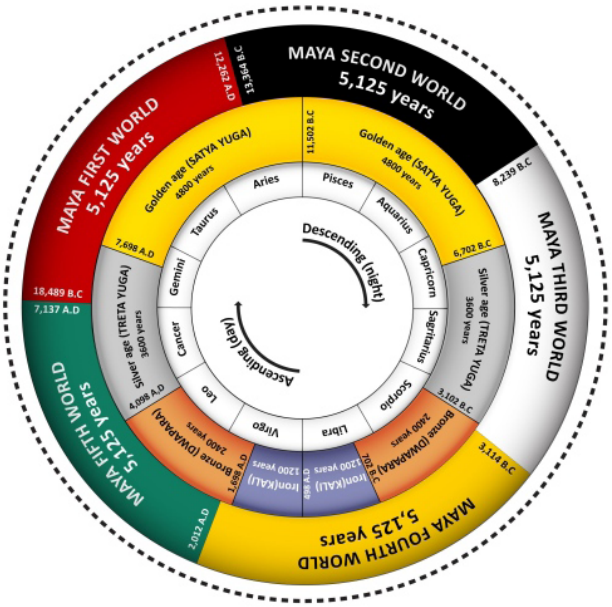
A Common Astronomical Framework:

According to writers Giorgio de Santillana and Hertha Von Dechend in their seminal book *Hamlet's Mill: An Essay on Myth & the Frame of Time* published in 1969 [2], at least 30 ancient – and not so ancient – civilisations and cultures have used the *Precession of the Equinoxes' Cycle* for the mapping of time, making it the most common astronomical framework used for that purpose.

Correlation, Compatibility and Discrepancies:

The Maya *Five Worlds Cycle* (explained in detail *in* The Maya World Tree *in Collection 1)* correlates with the length of the *Precession of the Equinoxes' Cycle*. Five consecutive 5,125-year Maya *Great Cycles* (which are Maya's World Ages depicted in their creation story and measured by their *Long Count* calendar) result in a total of 25,625 Gregorian years when added up.

This makes the Maya *Five Worlds Cycle very* valuable for pinpointing and analysing our present position in time from a big picture perspective and also within the context of the *Precession of the Equinoxes' Cycle*.



[Fig.8]

Another ancient cycle that correlates with, and in this case is based upon, the *Precession of the Equinoxes Cycle,* is a particular version of the Vedic *Yuga Cycle* from India. That version is a fractal of the more commonly known and used *Maha Yuga Cycle* (also known as the *Chatur Yuga Cycle*) of India which has a duration of 4,320,000 years.

The 24,000-year *precession of the equinoxes'* version of the longer *Yuga* cycles was reintroduced to the world by the Hindu sage Swami Sri Yukteswar Giri in his influential book *The Holy Science,* published in 1894. Sri Yukteswar states in his book that the 24,000-year version was lost to the world during the Dark Age of *Kali Yuga* when many wise men retired to the mountains and a lot of knowledge was lost [4]. The 24,000-year version of the cycle goes as far back as the Laws of Manu [5] which date back to at least 1,500 BC [6].

As can be seen from the numbers stated above, the length of both the Maya *Five Worlds Cycle* (25,625 years) and the Sri Yukteswar version of the Vedic *Yuga Cycle* (24,000 years) differs from the current average length of the *Precession of the Equinoxes' cycle,* which is 25,772 years.

The Maya *Five Worlds Cycle* is the closest match with a 147-year difference, while the Vedic *Yuga Cycle* is 1,772 years shorter than the *Precession of the Equinoxes' Cycle*, even though it is based upon it. This is a curious discrepancy and – as will be shown later – knowing the reason behind it will prove to be very beneficial from a big picture perspective in understanding the rise and fall of consciousness.

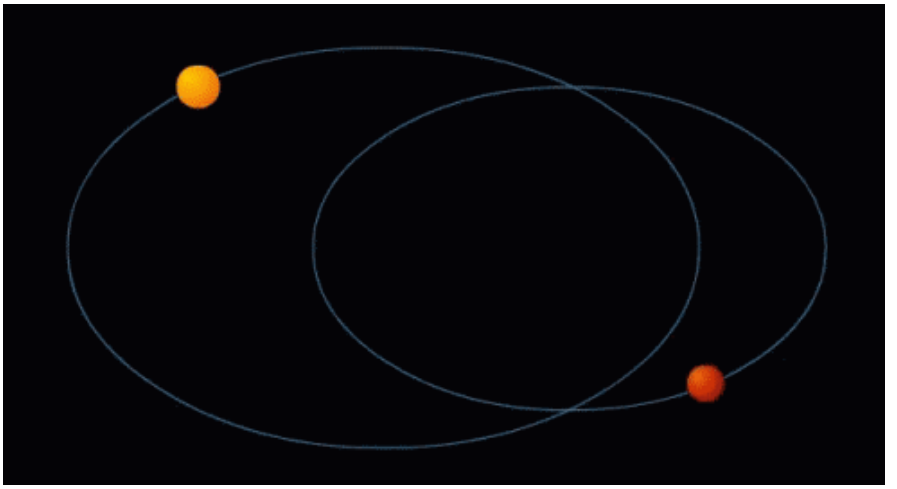
The Value of Comparative Energy Systems:

The advantage of using the above two cycles side by side is that both cycles measure and define consciousness (each in their own way) within the same overall time-frame, which is the *Precession of the Equinoxes' Cycle*. By using both these complementary frameworks, a more holistic and comprehensive understanding can be arrived at.

We are in a Binary Star System:

The reason why the Vedic *Yuga Cycle's* fractal is only 24,000 years in length is because – according to the Sri Yukteswar model – the *precession of the equinoxes* happens not because of the wobble of the earth's axis, but is due to our entire solar system being part of a binary star system. What that entails is that our Sun is in an elliptical orbit with a companion star (thought to be Sirius) around the two stars' common gravity centre (known as a *barycentre* [7]). This concept is discussed

in great detail in Walter Cruttenden's acclaimed book, *Lost Star of the Myth and Time, first published in* 2005 [8].



[Fig. 9]

The premise is that when two binary stars move closer to each other in the region where their orbits overlap (i.e. closer to their *barycentre*), their orbiting speeds accelerate (see also animated web version for Fig. 9). Their mutual magnetism would increase as they move closer to each other. This orbit acceleration happens only for a portion of the full cycle with the result being that the overall cycle is shorter in duration, resulting in only 24,000 years.

Neither the modern understanding of the *Precession of the Equinoxes' Cycle* nor the Maya *Five Worlds Cycle* takes this temporary acceleration into account mathematically. Should the two aforementioned cycles, indeed, factor such a phenomenon in, those cycles would match the 24,000-year Vedic *Yuga Cycle* closer. The reverse would be true, too; if the 24,000-year Vedic *Yuga Cycle* ignores the occurrence of a temporary orbit acceleration, its length would naturally be closer to that of the other two cycles.

Although modern scientists have not yet confirmed that our Sun has a dual star, a lot of evidence points to that being more likely than not. In 2017, it was announced that a physicist of Berkeley University and an astronomer from Harvard University had determined that it's almost certain that our Sun originated as part of a binary star system and that most stars similar to our Sun are 'almost certainly' born as binaries [9].

Walter Cruttenden states in the second edition of his book (published in 2018 [10]) that, according to NASA, more than 80% of stars are currently binary star systems or multiple star systems.

The *Vedic Yuga Cycle* as a Framework for Consciousness:

This brings us back to the subject of the *Precession of the Equinoxes' Cycle* as a framework for consciousness. The implication of our Sun being in an orbit with a companion star is that consciousness increases when our Sun's proximity is closer to the *barycentre* of the two orbiting stars.

This is where the *Vedic Yuga Cycle* is so valuable, because it defines that framework in detail. The top of the cycle is closest to the *barycentre* and contains the highest, brightest and longest age known as *Satya Yuga*. That is the famous Golden Age with the most advanced level of consciousness.

The two following levels further away from the *barycentre* are *Treta Yuga* first, which is the Silver Age, and then *Dwapara Yuga*, which is the Bronze Age. Each level / age is shorter than the one before and is incrementally lower in consciousness, too, and they have their own particular characteristics as well.

At the very bottom of the cycle is the notorious *Kali Yuga Age*, also known as the Iron Age. This is the shortest and darkest age and contains energy that is dim, dense and very materialistic – and these attributes are reflected in the general consciousness of humans who lived during that age. When our Sun is the farthest away from the dual-star orbit's common centre of gravity, we are almost literally in the dark because we are so far away from the universal magnetism (*Brahma* [11]) emanating from the *barycentre* which regulates mental virtue (*dharma* [11]).

Whether general consciousness would be either rising or falling over time would depend on whether our Sun is moving towards *Vishnunabhi* (the name given by Sri Yukteswar for the *barycentre* [11]) on the ascending arc of the Vedic *Yuga Cycle,* or away from it on the descending arc. These two half-rounds of the overall cycle are called 'electric couples' [12] because a vortex-like energy is said to be generated between the two of them by the orbit [13].

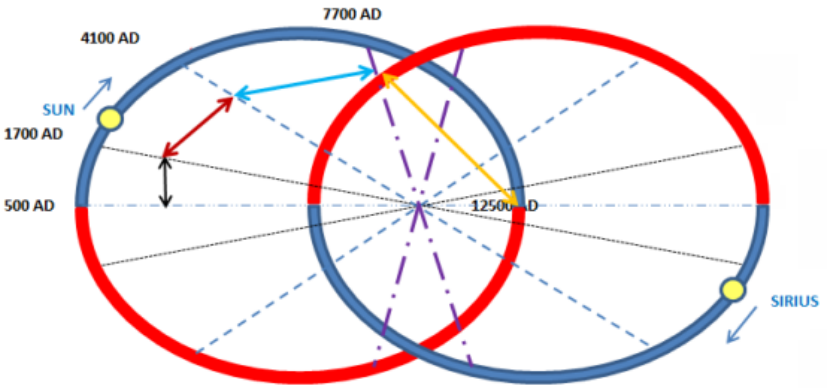


Fig. 10

As far as consciousness is concerned, a slow descent of spirit into matter happens on the Sun's journey away from the *barycentre*, whereas a slow rise of spirit out of matter occurs on the ascending arc during the journey back to the top of the cycle.

Q: Where are we currently in the Vedic *Yuga Cycle*?

In the year 2020, we find ourselves 1,522 years along the ascending arc of the Vedic *Yuga Cycle*. The shift-point from the descending to the ascending arcs happened in AD 498. Within the context of the overall 24,000-year Vedic *Great Year*, we can see that human consciousness is still relatively low in general, but the trend is clearly upwards and will be so for thousands of years to come.

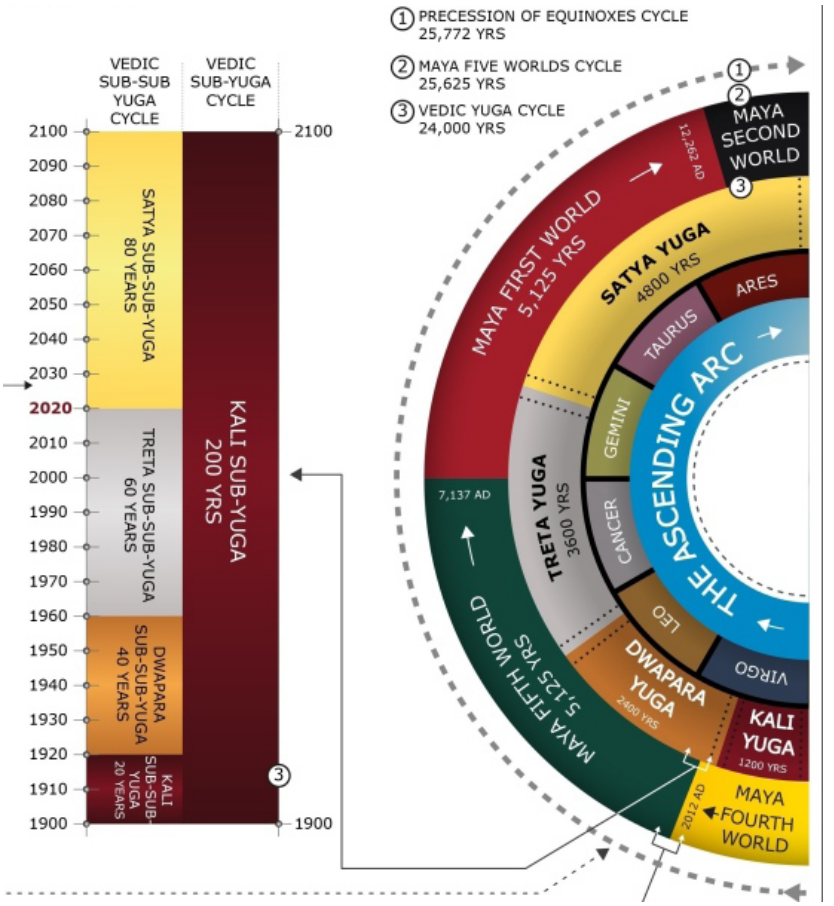


Fig 11

The Big Picture View:

The big picture view, also, is that although we are clearly on the ascending arc of evolution in the long term, the *Maya Fourth-to-Fifth*

*World transitio*n (along with the *Dark Rift Transit*) is causing an interim dark period where the collective consciousness of humanity is in turmoil due to a confluence of many shifting energies within the same time-frame (discussed in detail in the next three chapters).

Expectations vs Outcomes:

Few people expected so much turmoil to arrive so suddenly in 2020, whereas if it happened just after 2012 it might have been less surprising. However, it always takes a while for shifts to build momentum, and the larger the shift, the longer the delay. It would seem, though, that the real shift is now finally underway.

Hardly anyone expected a decline in consciousnesses after 2012 either, because shifts in consciousness are usually perceived as linear progressions that rise from low to high. Moreover, it was presumed in many esoteric circles that the end of 2012 would bring an almost instant positive quantum shift in consciousness. Nevertheless, discerning observers would have noticed that there has, indeed, been a decline in consciousness in recent years, notwithstanding all the technological progress in the world.

The Depth of Submersion:

A regression in consciousness is a feature of dark times, and dark times are a feature of world transitions. The crux of the matter is that we don't know how deep this transitional submersion into the collective unconsciousness will be, and we don't know how much of the world will be left standing after the collective emerges from its journey through the *Dark Night of the Collective Soul.*

Fortunately, mitigating a general regression in consciousness can be done by elevating individual consciousness through the strengthening of autonomous functioning and this is one of the most effective ways for building resilience in the face of mass collective unconsciousness (see also *Collection 2*).

The Light on the Horizon:

We will be surfacing from our transition submersion at a higher level on the *ascending arc* of the Vedic *Great Year Cycle* compared to the level where we went under. The question is: ‘‘Will our present level of consciousness be compatible with that higher level when we arrive there? ’’ This question will be probed along with others in the next chapter.

CHAPTER 5

THE LIGHTS ALONG THE WAY

The Seasons of the *Yuga Cycle:*

Just like with the Maya cycles, the 24,000-year Vedic *Yuga Cycle* consists of fractals, which are smaller cycles within the larger ones. In both frameworks, it is important to be cognizant of the smaller cycles too because of their influence on the larger ones.

A Vedic *Yuga Cycle* contains two smaller cycles within it, namely a *Subyuga* cycle and (within it) a *Subsubyuga* cycle [1]. This provides for a blending of energies, causing each Yuga to have energy 'seasons'. These seasonal energy-blends determine to a large extent the nature of human consciousness.

The Current Energy-Blend:

From the years 1900 to 3900, the Bronze Age energy of *Dwapara Yuga* is the dominant energy of the *Yuga Cycle*. It's during this age, also known as the *Electric Age*, that human consciousness experiences a growing awareness in relation to energy. That was exemplified in how modern civilization's fossil fuel foundation had its formation around the time when the first commercial oil-wells went into operation in the late 1850s, just a few decades before the commencement of the *Dwapara Yuga* 'Electric Age' in the year 1900.

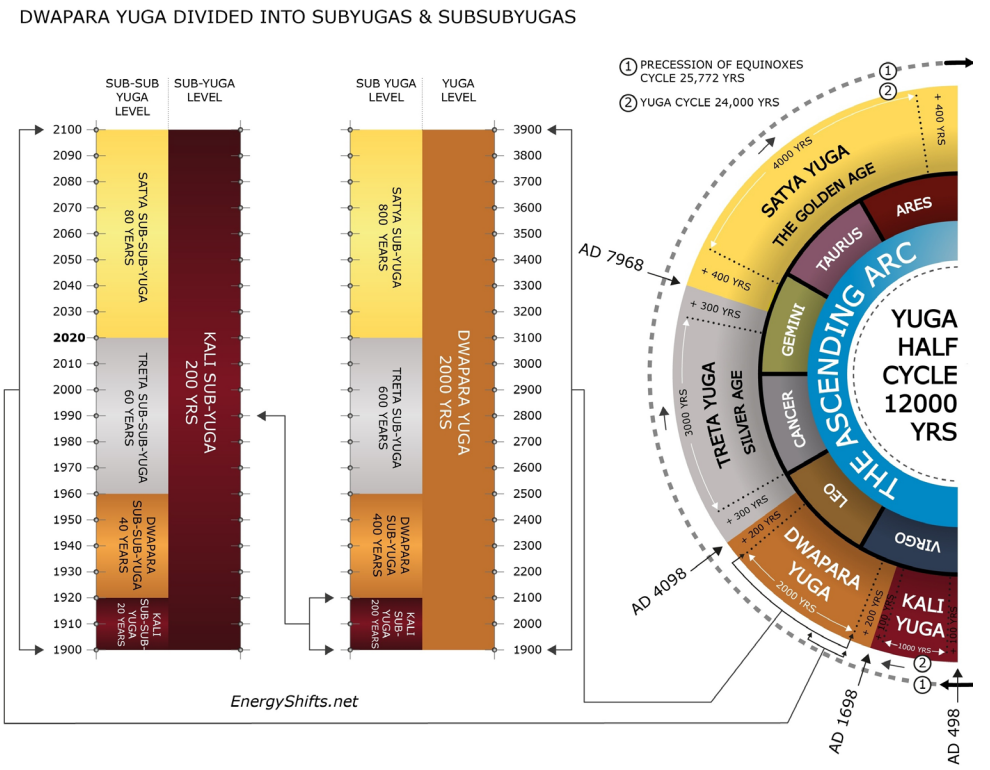


Fig.12

The second strongest energy of our energy season blend is the Iron Age energy of the *Kali Subyuga.* This 200-year sub-season is active between the years 1900 and 2100. Each main energy season has four sub-seasons and we are presently in the first sub-season (the *Kali Subyuga*) of the main energy season (*Dwapara Yuga*).

The impact of the above energy blend on human consciousness is that although people have become very energy-aware since around 1900, that awareness has predominantly been a materialistic awareness of energy accompanied by darker traits such as greed and competition. For example, many of the energy-related geopolitical wars that have been waged since oil became the main driver of modern civilization, are manifestations of that.

Yuga ages contain the same sequential progression every time from low energy to high energy (from dark to light, and equally from material to spiritual) as they transition through their seasons. The first season is *Kali Yuga* (the Iron Age), followed by *Dwapara Yuga* (the Bronze Age), after which comes *Treta Yuga* (the Silver Age) with *Satya Yuga* (the Golden Age) at the top. That sequence would apply to sub-seasons and sub-sub-seasons too.

An Important Shift Took Place in 2020:

When the current *Kali Subyuga* (1900 – 2100) is zoomed into, we find that in 2020 we shifted into the *Satya Subsubyuga [1],* which is the Golden Age segment of the *Kali Subyuga* (and the *Kali Subyuga* is the Iron Age segment of the main *Dwapara Yuga*). The *Satya Subsubyuga* will be active for 80 years between the years 2020 and 2100.

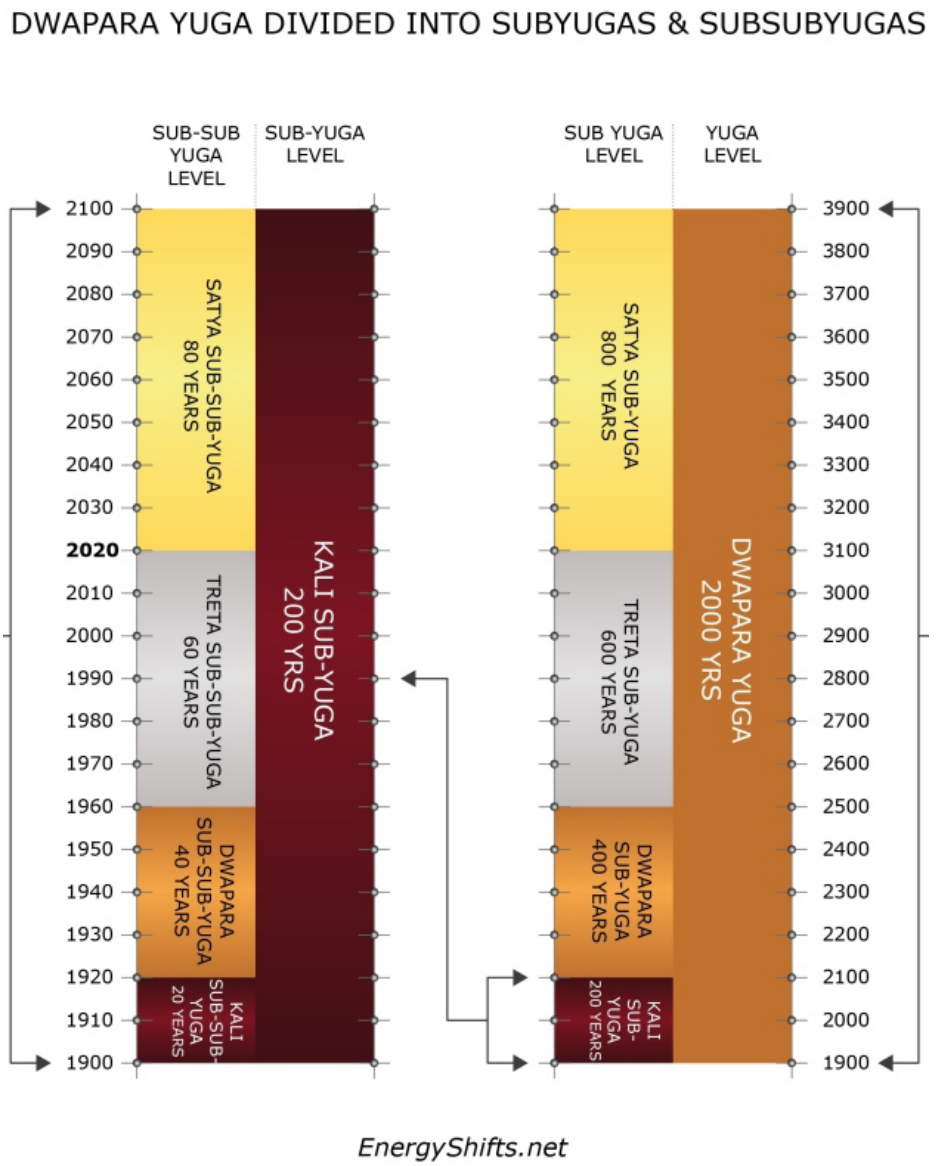


Fig 13

The implication is that in 2020 we entered the highest, brightest and most spiritual segment within the darkest, and most materialistic sub-season of the main energy season. This is a very significant juncture

in time, because the darker, denser and lower vibrating energy of the *Kali Subyuga* will be tempered with an inflow of higher resonating and brighter energy.

One of the potential implications of this shift, which should build momentum during the coming years, could be the illumination of a lot of the darkness that is currently featuring in our world. What could subsequently be the result is the falling away of many illusions through unexpected revelations. However, just how strong the shift will be, remains to be seen.

The Significance of the 2020 *Subsubyuga* Shift:

In 2020 energy started to transition from the *Treta Subsubyuga* (1960 to 2020) to the *Satya Subsubyuga* (2020 to 2100) [1]. This transition from a 60-year energy season to an 80-year energy season is still in progress, because energy transitions usually take a few years to complete.

It's worth noting that the reason why the Yuga ages (and their seasons within) are incrementally longer in duration as they progress from one to the next has to do with the distance of each segment to the common *barycentre* (explained in the previous chapter, *The Big Picture View*). The nearer to the *barycentre* – which is a consciousness amplification zone – an age is, the higher is its consciousness (25% higher each time [2]) and the longer is its duration.

The transition between the above two *subsubyugas* should take around 6 to 8 years because shifts typically take 10% of the time span of the seasons before and after it. The halfway stage of this shift should therefore, by rough estimation, be reached sometime during the years 2023 and 2024.

Towards the end of 2027, or middle of 2028, that transition should approach its completion stage. By the end of 2028, the energy of the *Satya Subsubyuga* should be almost fully active. While keeping this in mind, we need to zoom out momentarily to consider some of the larger phenomena currently in progress.

The Dark Rift Transit:

The year 2027 will also be the midpoint of the winter solstice sun's 145-year transit through the *Cygnus Rift* region of the *Dark Rift* in the Milky Way, which is an exceedingly rare, once in 26,000 years event (first mentioned in *Chapter 3)*. The darkness associated with that transit

symbolically refers to a journey through the mythological underworld, which comprises transformation, rebirth, and renewal.

The Great Shift and the Greatest Shift:

The *Great Shift* refers to a once in 5,125 years shift, i.e., the *Maya Fourth World to Fifth World shift*, while the *Greatest Shift* (in the parlance of this essay) refers to the once in 26,000 years *Precession of the Equinoxes Shift*, marked by the *Dark Rift Transit*. The *Great Shift* and *Greatest Shift* coincide only once in 26,000 years, which is why the significance of this overall transition is so high.

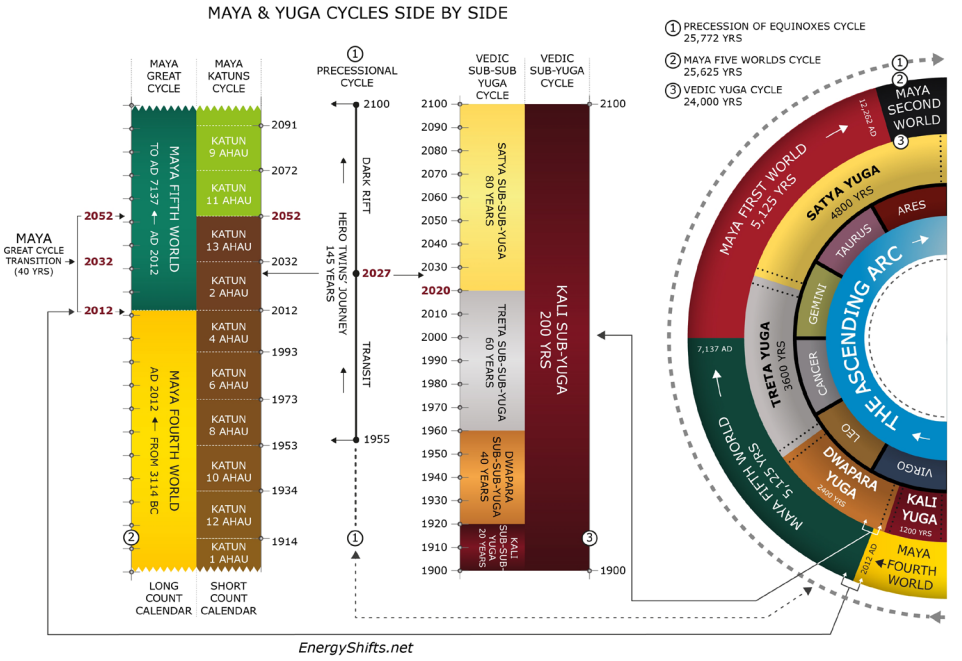


Fig 14

Although quite a lot is known about the *Great Shift* through the ancient wisdom of the Mayas, relatively little is known about the nature of the 26,000-year *Greatest Shift,* but clues can be found in the doctrines of some of the long-established esoteric mystery schools that had meticulously collected ancient manuscripts of lost civilizations over the centuries.

The Transition of the World Soul:

Some of those mystery schools hold that there is a *World Soul*, or a *World Spirit*, or a *Logos* that envelops, defines and determines the consciousness of the world (and its manifestations) during a given *Cosmic Day.* The *Universal Soul* contains within it all the seemingly separated human souls, although on a higher plane all human souls are unified within the *Universal World Soul* [3][4].

The *World Soul* is not considered to be a constant or permanent manifestation, but rather it waxes and wanes in accordance with the Cosmic Days and Nights [5], which are very large cycles of time. Towards the end of a Cosmic Day, the *World Soul* (and all the human souls within it) would go into hibernation for a time, before it emerges again as a newly born *World Soul* that energetically manifests for the entirety of a new Cosmic Day, until the next *World Soul* hibernation period comes around again.

The World Soul descended into the depth of Involution en masse, and then began to emerge from those depths by an apparent 'splitting up' process, in which the active new-born centres of activity began to assert themselves and to move upward toward self-expression - The Secret Doctrine of the Rosicrucians ('The One and the Many'[6])

The World Soul, at the Dawn of the Cosmic Day, may be said to be like a dreamer freshly awakened from a deep sleep, and striving to regain consciousness of himself.[...]It feels within itself the urge toward expression and manifestation, along unconscious and instinctive lines – this urge being a part of its nature and character and implanted into it by the content of the Idea of the Eternal Parent which brought it into being - The Secret Doctrine of the Rosicrucians ('The Soul of the World'[7])

The World Soul awakens into active manifestation from the very moment of its birth. Finding within itself the impelling urge of the Will-to-Live and of Expression, it proceeds at once, along the lines of elementary Instinct to prepare for manifestation of higher and more complex forms of life and action - The Secret Doctrine of the Rosicrucians ('The Soul of the World'[8])

With the coming of the World Soul the new Cosmic Day is indeed begun, and proceeds without interruption until the shades of the new Cosmic Night once more overtake it in cyclic sequence - The Secret Doctrine of the Rosicrucians ('The Soul of the World'[8])

Even though the Cosmic Days and Nights could span aeons of time, the 26,000-year *Precession of the Equinoxes Cycle* qualifies as a fractal (a cycle within a cycle) of a Cosmic Day, and so does a 5,125-year Maya *Great Cycle*. In other words, the same principle would apply in terms of the natural dimming or down-turning of consciousness as these two cycles simultaneously wind down into their respective hibernation periods – and that's what's happening right now.

These very large cycles are energy cycles and as the energy wanes, so does consciousness. That's not to say that the majority of people would be aware that consciousness is dimming, because the personal effects are very subtle, yet a deterioration in consciousness can be observed in how human behaviour has changed in recent years (examples will be presented in the next two chapters).

The Night Sea Journey and the Eternal Swan:

Another clue for the nature of the *World Soul* transition can be found in the works of Carl Gustav Jung, who had extensively studied the myths of ancient civilizations. In his work we learn that the motif of the *Night Sea Journey* is associated with a loss of psychic energy which leads to an inward turning of consciousness on an individual level, which tends to result in a personal neurosis or a depression.

That psychic 'no-man's-land' that a person descends to is an in-between state where they are faced with their own inner-monsters. Such a psychological state happens according to Jung, because; "*The conscious goes to the right and the unconscious to the left* [9]". The 'unconscious' being Jung's term for the subconscious.

The overcoming of the monster from within is the achievement of adaptation to the conditions of the inner world, and the emergence ("slipping out") of the hero from the monster's belly with the help of a bird, which happens at the moment of sunrise, symbolizes the recommencement of progression - Carl Jung ('On Psychic Energy')[10]

As pointed out in *Chapter 3*, the winter solstice sun is transiting the *Cygnus Rift* region of the *Dark Rift* annually for 145 years and will be passing closest to its centre between 2030 and 2032. In a multitude of ancient myths [11] the Cygnus constellation, which is a part of the Northern Cross, is the symbol of the eternal Swan, the cosmic bird that lays a golden egg at the dawn of each new Cosmic Day.

The first manifestation of the Kosmos in the form of an egg was the most widely diffused belief of antiquity - The Secret Doctrine of the Rosicrucians ('The Soul of the World'[12])

The 'First Cause' had no name in the beginnings. Later, it was pictured in the fancy of the thinkers as an ever invisible Bird that dropped an Egg into Chaos, which Egg became the Universe - The Secret Doctrine of the Rosicrucians ('The Soul of the World'[12])

Hence, Brahm was called 'Kalahansa,' the Swan of Eternity which laid at the beginning of each Mahamanvantara a 'Golden Egg' - The Secret Doctrine of the Rosicrucians ('The Soul of the World'[12])

Although the Carl Jung references further above are about the individual's *Night Sea Journey*, it could also be applied to humanity as a whole during the *Greatest Shift*. As the current *World Soul's* energy is winding down, humanity (meaning all the souls within the World Soul) is passing through the *Collective Night Sea Journey,* which is an in-between place, also known as a *liminal space / liminal zone*.

All the night sea journey myths derive from the perceived behaviour of the sun, which, in Jung's lyrical image, "sails over the sea like an immortal god who every evening is immersed in the maternal waters and is born anew in the morning [13]". The sun going down, analogous to the loss of energy in a depression, is the necessary prelude to rebirth. Cleansed in the healing waters (the unconscious), the sun (ego-consciousness) lives again - Daryl Sharp (Jung Lexicon) [14]

The motif of the sun rising is a well-known universal symbol connected to an awakening and new consciousness. In the context of

The Greatest Shift, the symbolism is very clear. The new Sun will rise when *the new cycle starts*, bringing a new consciousness with it – and that should happen after the eternal swan symbolically lays its golden egg when it passes through the most central region of the *Cygnus Rift;* and that should be in the region of 2030 to 2032 [15].

The Light Arrives at Midnight:

The most important aspect of the full activation of the *Satya Subsubyuga* by around 2028 (mentioned earlier on), is that as humanity shifts into the deepest and darkest region of its collective *Night Sea Journey* (i.e. its collective *Dark Night of the Soul* and collective *Hero's Journey*), it will be met with the ever-growing, incoming Golden Age energy of the *Satya Subsubyuga* and, as this truth-energy starts to come online, it should increasingly illuminate the deepest darkness of the shift. That should happen in the outside world *and* the inner world, because as indicated in the previous section, there would be an element of introspection to the process.

The adage of "what we focus on, is what we become aware of", is pertinent in this regard, because those who anticipate the incoming light – and prepare for it – could also become the first receptacles and carriers of that light. It is indeed during the darkest of times that people seek out light the most and as will be illustrated in the following segment, there will be ample new light for the people who want to connect with it.

The Nature of the 2020 Vedic *Subsubyuga* Shift:

The Silver Age energy of the outgoing *Treta Subsubyuga* (1960 - 2020) is mostly an intellectual and mental energy that is oriented towards thinking and reasoning, while the incoming Golden Age energy of the *Satya Subsubyuga* (2020 - 2100) is an energy that has powerful spiritual and metaphysical qualities.

In Vedic writings, the *Satya Yuga* Golden Age has been described as *an age of truth and enlightenment; an age of virtue and righteousness; an age where humans are devoid of wickedness; and an age where humanity is in harmony with cosmic law* [16]. Thus, a significant change for the better in terms of how humans experience spirituality and truth could be expected once the *Satya Subsubyuga* is fully active.

That said, it's important to bear in mind that this shift is not a *Yuga* shift, but a *Subsubyuga* (fractal) shift, meaning that the underlying *Kali Subyuga* (1900 - 2100) will continue to have a materialistic impact

on human consciousness for another 80 years until 2100. Moreover, the main *Dwapara Yuga* energy will continue to have the strongest influence on human consciousness well into the future, until the year 3900.

It is only when the *Kali Subyuga* is finally left behind after the year 2100, that the main *Dwapara Yuga* age (the 'Electric Age') will come fully into its own right. In other words, we are currently still in the initial materialistic and immature phase of the main *Dwapara Yuga* age, defined by its *Kali Subyuga* segment, but this materialistic youth-phase will be fading out slowly from after 2020 onward until the end of the *Satya Subsubyuga* in 2100.

The Prophecy of the Condor and the Eagle Revisited:

The Prophecy of the Eagle and the Condor [17] is considered to be one of the most important prophecies for indigenous peoples across the Americas, including the Maya people. In the first chapter of this series, it was stated that prophecies such as *The Prophecy of the Eagle and the Condor* and *The Hopi Prophecy* don't have specific timelines attached to them as they are not specifically embedded within any calendar frameworks, making it difficult to know when they would manifest.

It was suggested that attention should also be paid to prophecies that are specifically related to energy time-frames within the *Maya Short Count calendar* (which is the Maya's *Prophetic Calendar,* also known as the *Katun Cycle*). Subsequently, in *Chapter 2*, the prophecy for *Katun 2 Ahau* (from 2012 to 2032) was analysed and interpretations were presented.

In this chapter, and the one before it, the *Vedic Yuga* system has been analysed and presented as a comparable and compatible energy framework that could be used alongside the Maya Calendars to evaluate incremental energy shifts during *The Great Shift and the Greatest Shift*.

Coming Full Circle:

We now arrive full circle and back at the subject of *The Prophecy of the Eagle and the Condor* and its profound relevance for the tumultuous times that we have entered.

That prophecy says that in terms of human consciousness, a time will come when elements representing the brain, such as the rational and

the material, will come to be reunified with elements that represent the truths of the heart, such as the intuitive and the mystical.

When reflecting on the nature of this expected new consciousness that is described by *The Prophecy of the Eagle and the Condor,* it's hard not to notice its resemblance to the consciousness that could be expected to arrive during the *Satya Subsubyuga*. The nature of the shift into that energy season (described earlier) does indeed seem to bear a resemblance to *The Prophecy of the Eagle and the Condor.*

The Rising of the Fifth Sun:

First, it's going to be like a very dim light, that barely shines. But as time goes by, this will be increasing and increasing. There will be the children of the fire, the children of the Sun - Elizabeth Araujo (Spokesperson for Don Alejandro Perez Oxlaj in the film 'Shift Of The Ages') [18]

The most well-known and respected Maya elder, who is the elected grand elder of the Mayas, Don Alejandro Perez Oxlaj, president of the National Mayan Council of Elders of Guatemala, stated that the *Prophecy of the Eagle and the Condor* would manifest during a time of great turmoil. This was in a documentary film called *Shift Of The Ages [18],* dedicated specifically to that prophecy.

In the same film, Don Alejandro delivered a message of warning about the possibility of war during that time and that it should be avoided at all costs. Maya elder Elizabeth Araujo, who is the translator for Don Alejandro in the film, explained that he had a vision of such a possible event and that was why he gave such a direct message. He was concerned about the potential for a great loss of human lives, accompanied by wide-ranging destruction of the natural world, due to contamination and fallout, should a wide-scale war ensue.

However, Don Alejandro's main message in the *Shift Of The Ages* film is that we, the people of the world, *are one* in spite of all our differences and that we should put them aside to protect and preserve the planet, because we have contaminated everything, including ourselves.

Another part of the message is that *the people of the centre* should bring the peoples of the North and South together. In the context of the Americas, *the people of the centre* are the Maya people and other

indigenous communities in Central America whose role it is to unify the peoples of South and North America.

An additional meaning that could also be applied to the above message is that those who have already connected their minds with their hearts and are therefore already centred within, should work towards bringing balance and harmony to humanity and to the world at large, which is an activity anyone so inclined could participate in, no matter where they are on the planet.

Old Darkness Obstructs New Light:

We should additionally note that the cycle of the yugas does not proceed in a uniform way, but through a series of transformations, which can have a destructive side. [...] So, struggles between the powers of light and the powers of darkness can heighten even in an era of generally increasing light, such as we see today - Dr David Frawley, American Institute of Vedic Studies [1]

Dr David Frawley, founder of the American Institute of Vedic Studies, explained in a detailed article published in 2016 [1] on the subject of the *subsubyugas* that typically just before an important energy breakthrough is about to be made into a higher and brighter energy age, an accumulation of dark energy would attempt to obstruct the light from breaking through.

He also explained that that due to modern humans' highly advanced knowledge of technology, combined with relative immaturity and irresponsibility (because we are still in the beginning stages of the *Dwapara Yuga*), the misuse of such technologies and weapons could potentially lead to great devastation.

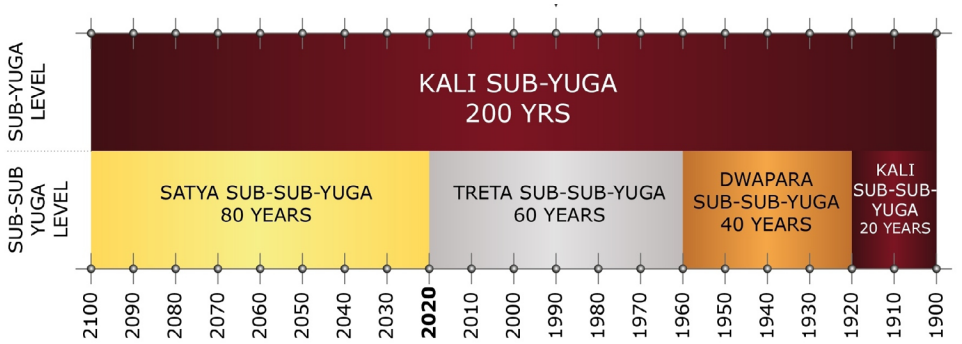


Fig 15

On the above point, he stated further that the previous three *subsubyugas* all featured a major war. The *Kali Subsubyuga (1900 - 1920)* featured the First World War, the *Dwapara Subsubyuga (1920 - 1960)* saw World War II, and the *Treta Subsubyuga (1960 - 2020)* experienced the Cold War. Accordingly, further wars could not be ruled out entirely, even after we have entered the *Satya Subsubyuga (2020 - 2100)*, which will be a more spiritual age.

The Maya Venus Cycle:

At this stage it's worth considering the Maya *Venus Cycle,* which is one of the oldest cycles known to have been used by the Mayas [19]. Although they apparently don't use it any more, it continues to remain relevant and is still observed by other groups *in Mesoamerica.*

A detailed discussion on the Venus Cycle is beyond the scope of this essay, but in short, a cycle of 52 years is called a *Cycle Round* in the Maya calendars and every 104 years is called a *Venus Cycle*. In a sense, aspects of the energies that were active 52 and 104 years ago would be active now. One can thereby get an idea of the nature of the current 'energy atmosphere' by looking back at how things were 52 and (especially) 104 years ago.

For example, when using the 52-year *Cycle Round* according to the above principle, an interesting pattern that comes up is that the 1968 flu pandemic, (also known as the Hong Kong flu), happened exactly 52 years prior to 2020, and the Spanish flu, (also known as the 1918 influenza pandemic), happened 50 years prior to the 1968 Hong Kong flu. In the latter case, it was 50 years prior to the previous pandemic, not 52 years, so this approach should probably not be taken too literally, but as we can see there is a general pattern there.

Similarly, when using the 104-year *Venus Cycle* according to the above principle, we could infer that 2020 had a similar energy to that of 1916, and that the energy of 2021 (the original publication year of this chapter) is similar to that of 1917. By the same token, 2022's energy would resemble the energy of 1918 (and so on). Anybody familiar with Western and World history would know that the 1910s was a very tumultuous decade in Europe, North America and Russia and so were the 1920s that followed.

None of this means that history will repeat itself exactly or even in the same way, it just means that the general time period that we are currently in has at least in some respects, a semblance to the atmosphere of 52 years and 104 years ago, and that's worth factoring in.

As Above, So Below:

It's important to keep in mind that everything that happens on the physical plane is defined by what happens energetically on the metaphysical plane – it is not the other way around. In other words, first comes 'above', then comes 'below'. It's also worth keeping in mind that the physical, material plane is actually an energy plane too, even though it's rarely experienced like that by humans. The 'above' governs the 'below'.

The following segments will illustrate the direct link between the metaphysical energy of the 'above' and the physical energy of the 'below' and how the relationship between the two matches the metaphysical timelines that have been defined in this essay.

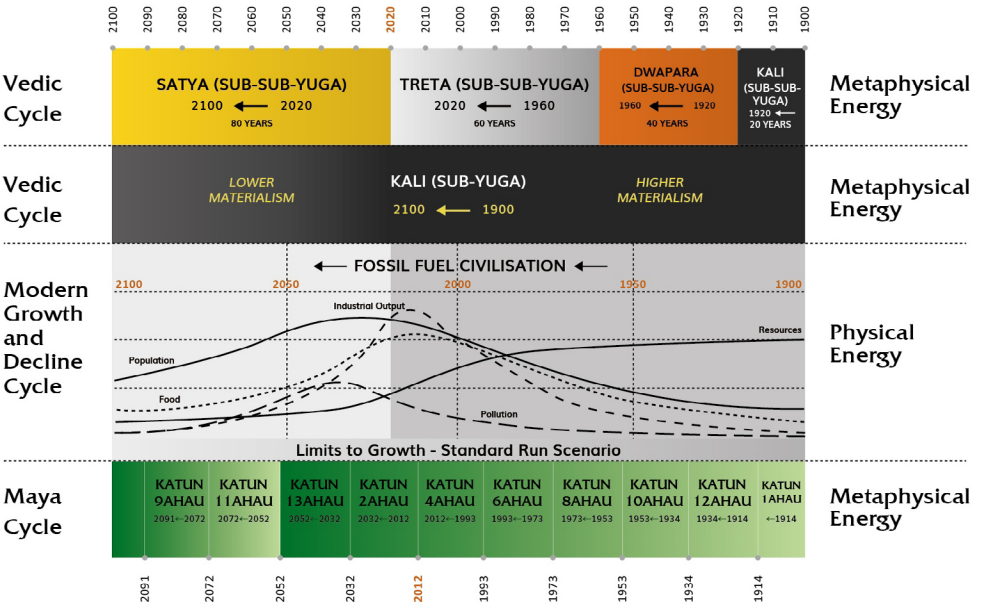
The Quintessential Energy Age:

In the context of the overall *Yuga Cycle*, it's said that it's during the main *Dwapara Yuga* age that humans become aware of multiple forms of energy – physical and metaphysical – and how to work with them, however due to the current position we are in on the *Yuga Cycle*, our consciousness is still in the early stages of developing that awareness.

The implication is that in the interim, before a more advanced energy awareness arrives, we will continue to be dependent upon fossil fuels. Should the availability of fossil fuels decline quite rapidly post-2020, as had been forecasted by the well-known *Limits to Growth* report by the Club of Rome back in the 1970s [20], rivalries among nations could potentially develop due to the depleting fossil fuels.

Post-Peak Fossil Fuel Civilisation:

Virtually all academic sources dealing with raw materials usually depict the availability of the physical resources necessary to run and maintain our global Fossil Fuel Civilisation, along a timeline running from between the years 1900 and 2100. Although this may be pure coincidence, that timeline lines up naturally with the metaphysical energy trends that have been described in detail in this essay so far.



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META-PHYSICAL ENERGY TRENDS 1900 - 2100

Fig. 16

When looking at the metaphysical and physical timelines side by side, we can clearly see that although a downturn in physical and material energy resources is predicted according to the *Limits to Growth* 'Normal Run Scenario', that downturn will be accompanied by a gradual upturn in metaphysical energy awareness after 2020.

Post-2020 we are entering the last 80 years of the consciousness and mindsets that have driven modern humans to create and maintain a predominantly fossil-fuel based civilization, but that consciousness is set to slowly decline during a time when the actual availability of physical resources will be declining too [21][22].

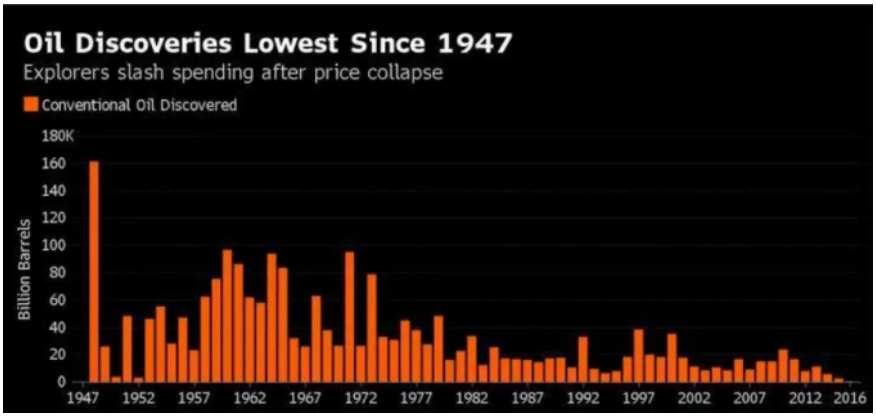

Fig. 17

In Summary:

Our current overly materialistic awareness of energy will, over time, give way naturally to a growing metaphysical energy awareness, and that will happen incrementally as the metaphysical energy seasons change. On a practical level the world is likely to face many challenges going forward in terms of having to adapt to a less resource intensive civilisation, simply because liquid fossil fuels are dwindling. However, there are localisation experts who are already involved in the critical work of pioneering pathways to new ways of living and serving as an early model for others [23].

Breaking Through to the Other Side:

In conclusion, a revival in terms of a newly found interest in spirituality and the metaphysical is almost certainly on the cards during the next 80 years, but that development would probably be accompanied by people trying to hold on to the old, outgoing paradigm, mainly because that's the only paradigm they know.

On a metaphysical level, the changing energy seasons could be compared to changing energy frequencies, with the frequency rising higher with each shift; those not attuned to the higher frequencies will most likely not want to shift along, which is why there is a divide forming (explored in the next two chapters).

The Lights are Already Flickering On:

As can be seen from the long-term evolutionary trend in the overall Vedic *Yuga Cycle (Fig. 12)*, the energy flow is relentlessly upwards, because we are on the *ascending arc* of the *Precession of the Equinoxes Cycle*. The current drop in metaphysical energy is only a temporary phenomenon that takes place during transition phases, but this temporary decline should bottom out around 2032.

It was over on the other side of the *Precession of the Equinoxes Cycle,* towards the bottom of the *descending* arc of the overall *Yuga Cycle,* that the lights of higher consciousness and truth were starting to flicker off as consciousness tapered off into unconsciousness about 3,000 years ago. The contrary is now set to happen.

It would, therefore, make good sense to align oneself with the incoming *Light*, to become one of the early conduits for it. By doing so, the inner-lights that are already flickering on are lighting up humanity's transition-path during the *Greatest Shift into the New Sun.*

CHAPTER 6

RAISING CONSCIOUSNESS THROUGH TRUTH

We will be witnesses to the confrontation of the Negative and Positive forces, the eternal fight among polarity, the fight between the Eternal Fire and the Eternal Ice, as the Great Masters have named it, rough and magical times, prophetic times, as the Master, Don Pascual, would have said – Carlos Barrios [1]

A Confluence of Energies:

As we can see from the previous chapters, there's a confluence of energies taking place with many cycles and transitions shifting and overlapping. This is causing a shadow-play of dark and light, as had been predicted by Maya and Vedic elders. Energetically, it can be summarized as follows:

- In the current 20-year energy pyramid of the Maya *Short Count Cycle,* we are passing through a *peak-polarisation* period from 2020 to 2025/2026. We will be in the *eye of the storm* in the years 2022 and 2023 which will most likely extend into 2024. (Chapter 1).
- The prophecy for *Katun 2 Ahau* is unfolding in *real-time* and is exacerbated by the effects of the ongoing *Covid-19* measures and the energy crisis of 2022. *The 'feast' to 'famine' shift*-point

is estimated to be in the middle of this *katun*, between the end of 2022 and the middle of 2023. (Chapter 2).

- We are currently in a 20-year time period that returns every 256 years (in the Maya *Short Count* / *Katun Cycle*) during which, major ideological, religious and spiritual crises arise that have historically led to revolutions and civil wars. (Chapter 2).
- We have descended into the metaphysical *underworld* as defined by Maya mythology, within the context of the *Dark Rift transit*. Between the years 2027 and 2032, we will traverse the centre point of the *Dark Rift in the Milky Way*. Different rules apply in the *underworld*; we are constantly being tested by the dark forces within it. (Chapter 3).
- Human consciousness is in a general slump (and a slumber) and, therefore, a low, due to the *World Soul* transition in the *Precession of the Equinoxes Cycle.* Lower consciousness results in greater upheaval, because when consciousness descends it reverts to a less structured, and, therefore, less differentiated (i.e. less developed) state. (Chapters *4 & 5*).
- In the Maya *Venus Cycle,* the same energy returns every 104 years. The years 1914 to 1918 are aligned with the years 2018 to 2022, placing us energetically in a similar (but not exactly the same) time-period as the First World War. (Chapter 5).
- The Spanish flu happened in 1918, which is 104 years ago when counting back from 2022. That indicates a pattern in the Maya *Venus Cycle*. Since March of 2020, the world has experienced a *pandemic-scenario* called *Covid-19*. To date, the two pandemics have been very different, which is in line with the tendency of cycles to return, but to not repeat exactly in the same way. (Chapter 5).
- The new *Light of Truth* has starting to filter into the world because of the *Vedic Subsubyuga* shift that started in 2020. At the same time, dense and dark energies have been accumulating rapidly to suppress it (a phenomenon to be expected, according to Maya and Vedic sources). By the end of 2028, the *Light of Truth* should have grown strong enough to illuminate much of the deepest darkness of the *Dark Rift* transit. (Chapter 5).
- In 2032, we will shift into the most spiritual (and the most volatile*) *katun – Katun 13 Ahau* until 2052 (*see also Chapter 2 in *Collection 4*.) There are thirteen 19.7 year *katuns* in the 256 year Maya *Short Count / Katuns Cycle* and *Katun 13 Ahau* is the final *katun* in that cycle. A new 256 year cycle will start in 2052.

- In the *Vedic Subsubyuga Cycle,* we entered the *Satya Subsubyuga* in 2020. In terms of consciousness, it means a shift from high materialism to lower materialism, and from low spirituality to higher spirituality. On the material plane, withdrawal symptoms could result in resource hoarding and competition over left-over resources and that could potentially lead to resource wars. (Chapter 5).
- The world has entered a fossil fuel energy decline [2][3] and that's likely to have significant repercussions in the years to come. This long-predicted scenario seems to be in line with the 2022 *'feast to famine' shift-point* in the prophecy of *Katun 2 Ahau.* (Chapter 2).

MAYA & YUGA CYCLES SIDE BY SIDE

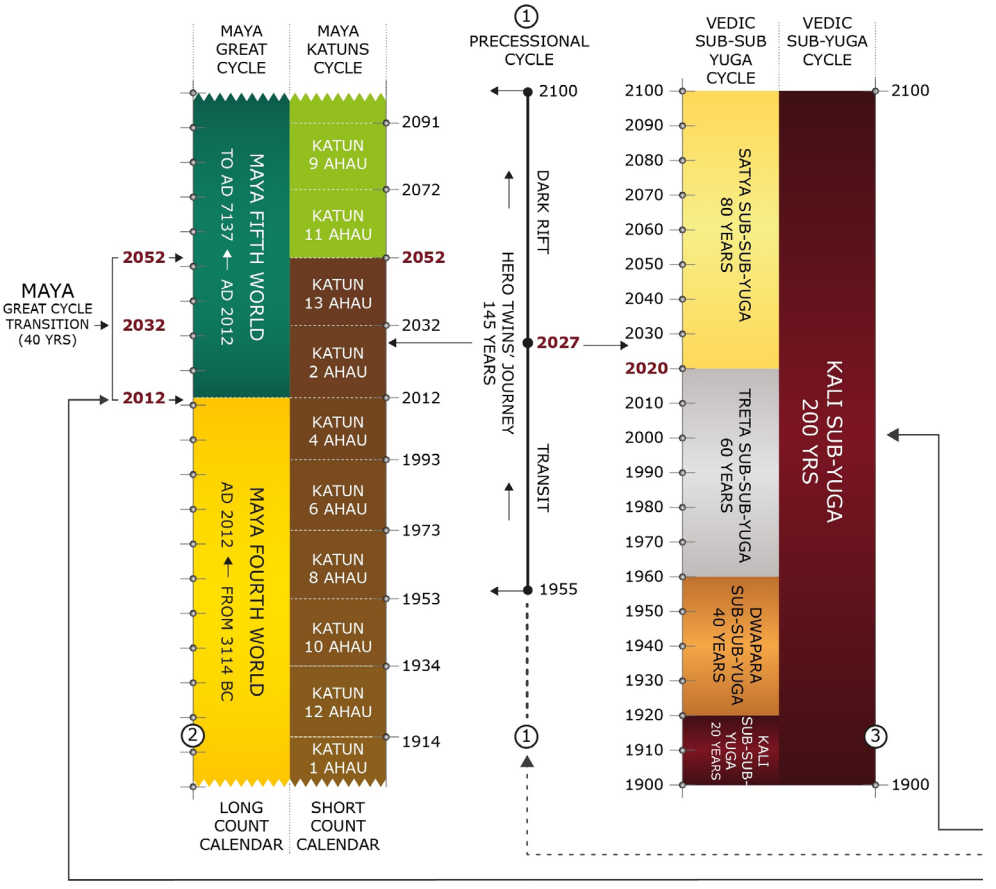

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Fig. 18

Contemplating the above, naturally raises the question of how to navigate it all and as we continue through this chapter, we will see that by always having truth as our guide, we will have the wind in our sails.

Staying Conscious:

Staying conscious during a time of decaying consciousness is of the essence, because the consciousness of the *World Soul* will, after its descent into the underworld, awake into a higher state and to a different, more refined, energy frequency compared to when it 'went under' into its hibernation slumber. Tuning into that higher energy vibration in advance could be the only way for individual souls to awaken fully from *their* slumber, along with the reawakening of the *World Soul*.

We already know that a more truth-and-heart-based consciousness – which is less materialistic and more spiritual – could be expected during the next 80 years. However, higher consciousness is not always simply downloaded, as is the belief in some spiritual circles. If that were the case, a state of enlightenment would be easily accessible to all, dark ages would not really pose challenges, and shifts in consciousness would happen naturally.

Although metaphysical energies that affect human consciousness do rise and fall cyclically, an effort is required on the part of humans to be in line with them. The same applies for generally raising one's consciousness through personal development; it demands individual effort, whether or not one factors in any of the energy cycles. Factoring those in, though, provides for more specific orientation and direction within metaphysical frameworks that are defined by very accurate, ancient energy systems.

If ever there was a time-period when spiritual development would pay out future dividends, that would be now, because, in the years to come, the spirituality-adept will increasingly be called upon for guidance through the darkest of times. Their ability to guide others would be complementary to the fact that they would be able to guide themselves, which will put them at an advantage as darkness descends.

The main problem posed by a gradual decline in consciousness in the population at large – when a very long energy cycle winds down – is that people would generally be unaware of that happening. Individual consciousness, therefore, tends to decline along with the general consciousness in the population. In other words, a regression in personal consciousness can happen by simply not paying attention to the general state of consciousness in society, or in the world.

Once individual consciousness has dimmed significantly, then recovering it first and afterwards also raising it even further, during a time of low consciousness in general, might be easier said than done. To avoid staying behind in *the underworld*, it's recommended that

personal consciousness is maintained at all times and also raised in line with the *new consciousness* that's starting to come online.

Truth is the Light of Consciousness:

The easiest, simplest and most accessible approach to remaining conscious, is to align oneself with truth, because truth is the light of consciousness. Searching for truth in each situation is an effective method for navigating the *unconsciousness* that's currently enveloping the world. The revelatory light of truth can provide for better clarity and more insights into some of the darker realities of the present time and could improve one's ability to foresee the probable realities of the near future.

Dealing with truth by facing it, is an antidote to denial. Courageously facing reality through *the path of truth*, is the way of the hero in *The Hero's Journey*. Ongoing challenges posed by the forces of the *underworld* can thereby be navigated better. Since truth is one of the most important elements of the new incoming consciousness, being orientated towards it, means being naturally aligned to it. Being naturally aligned to truth in advance means actively bringing the *New World* into being.

Dealing With Extreme Duality:

Knowing that extreme duality is a temporary phenomenon that's metaphysically amplified and that it has purpose within the context of the *Greatest Shift*, can provide for deeper insights into why so many current events are so out of the ordinary, or seem so unreal, or even *surreal*. An open mind and a willingness to consider deeply esoteric (and even religious) concepts are recommended as this discussion develops further.

Although opposing energies will always be embedded in the nature of duality, those energies become highly amplified – and also greatly exaggerated – during the *Greatest Shift*. Due to such extraordinary amplification, most people end up being drawn into the social and societal upheavals of the transition, leaving few people sufficiently centred to counter-balance such polarisation.

Genuinely balanced people find that extreme polarisation is rather frustrating because, despite their best efforts, they generally don't manage to offset it very well. However, knowing that everything that's currently happening is by metaphysical design, can provide for a more

pragmatic assessment of the situation, and thereby, a more pragmatic approach to it.

In recent years, the potent, ever-growing friction caused by the ongoing polarisation, has caused the left and right poles to move so far away from each other by now, that virtually everyone has landed in opposing camps on a variety of important subjects.

Notable examples have been the polarisation in the political spectrum in relation to presidential election campaigns, as well as various issues surrounding identity politics. Since the *Covid-19* crisis started in 2020, that subject has become the most polarizing of all (at the time of writing in 2021).

The above are practical examples of how the conditions have been forming for the ideological, political and spiritual differences between human groups to become so amplified that those differences could potentially boil over into serious internal conflicts within nations – as a result of a split that's taking place in societies. According to the Maya prophecy for 2012 to 2032, that's exactly what should be expected to happen during this time-period.

Realistically speaking, the likelihood of opposing camps reconciling under such polarized conditions is rather low. That said, transcending such exceptional levels of polarity on a *personal level* is indeed very possible (as discussed in *Collection 2*), and that's exactly the challenge that is presented to individuals during the *Great Shift*.

Identifying the Sides:

On a societal level, it can be observed that mindsets mainly oriented to collective thought and group consensus can be found on one side of the divide, whereas mindsets that are orientated to independent and critical thought – with the autonomous individual in mind – is representative of the other side.

People in the collective-consciousness camp tend to favour their affairs being taken care of by central governments or states, whereas people in the personal autonomy camp tend to favour as little state intervention – or control – as possible. These two opposing mindsets have always existed, but they are now much more in opposition to each other than would be the case under normal circumstances, because of the polarized spirit of the age.

Another observation that can be made, is that there's a strong tendency for one of the two sides to want to impose its will on the

other side. That side has a very low tolerance for exceptions to the rule in their demands for mass conformity and mass compliance; and metaphysically speaking, that's happening due to a combination of extreme polarisation and a return to radical collective thinking.

On the pro-autonomy side, it's in the very nature of individuals to resist insistent calls for universal collective uniformity and conformism. These people instinctively steer clear from thoughtless compliance. For them, the individual is more important than the collective, meaning individuals should think for themselves and make their own decisions (after weighing things up thoroughly). In other words, people should not just go along with everything that society does and should be able to opt-out when they're not comfortable with the direction that things are going.

The pro-autonomy side is, therefore, naturally and instinctively motivated to insist on the importance of personal independence, individual rights and self-direction, along with self-responsibility. For them, those are the basic principles required to maintain and preserve individual freedoms. This group's way of thinking is also strengthened by the amplified polarisation of the age.

Energetic Cause and Effect:

There's a clear energetic cause-and-effect principle at work within the world and that has to do with the recurring metaphysical shadow-dance between dark and light energies. Everything has a purpose and can be a catalyst for motivating, or triggering, its opposite.

For example, it's the suppression of freedoms that give rise to wanting more freedom. Not having free access to the truth (anymore) can prompt a strong motivation to seek it out. Finding it difficult to find the truth can lead to valuing it more than before, with the final result being that the truth is demanded, defended and protected more. For instance, should there be a lack of access to truth regarding medical issues, having access to the truth would become a basic necessity for one's physical safety and peace of mind.

Having to make a great effort to find the truth will in itself eventually be the catalyst for a great spiritual awakening – internally first, and then externally. That would be because once that which is contrary to truth and which opposes truth had been experienced thoroughly (and perhaps also severely), the higher importance of truth would become self-evident once more.

It's Darkest Just Before Dawn:

If it's darkest just before dawn, then it would follow that a time-period would arrive when the opposite of truth – which is the opposite of light – would dominate, rule and subjugate for a period of time. That would manifest as blatant lies instead of clear truths, bottomless corruption rather than ethical transparency, and the return of destructive and already discredited ideologies, but now wrapped in a flowery new language.

How Darkness Descends:

When metaphysical energy drops very low, the light within consciousness is dimmed. That has an impact on how concepts such as truth, transparency, honesty, conscience and compassion are experienced and viewed. Simply put, such concepts would be cared about less and there would be less motivation to enable or enact them. Therefore, they would be considered less important by people who have not maintained their higher consciousness. If that becomes the general mindset, a *lower state of being* within societies would be the result.

Most people who are conscious would attest to the reality that getting to the bottom of things in recent years has become exceedingly elusive. It has almost been as if truth has completely vanished, and that (by implication) almost everything now seems to be based on lies. Underlying that though is that darkness can only infiltrate human consciousness to such an extent – and displace the light within it – when the majority of people have limited spiritual fortifications, structures or boundaries in place.

In other words, besides the *Greatest Shift* that's causing darkness to descend, a long-term spiritual decline within nations has created a vacuum, and that's made it possible for darkness to infiltrate consciousness so much. To be more specific, over the years, an adoption of post-modernism has led to a steady decline in values associated with inner structures that had their origins in traditional ethics, morals and norms. In practice, neither traditional nor conservative values have been preserved very well, and religion has to a large extent fallen by the wayside, or has been abandoned.

The Great Divide:

A divide has been forming in recent years between the *children of darkness* and *the children of Light,* or said differently, between the practitioners of untruths and dishonesty and those who do their best to uphold truth and honesty. When we look at how prominently and consistently the duality between truth versus its opposites features in all important debates, disagreements and controversies in the world, it is clear that this duality lies at the very core of the *Greatest Shift*.

We also know that to be true when consulting the energy cycles. The Vedic *Subsubyuga* shift of 2020 is taking us into an age where truth will be much more energised than before and as a response, darkness has been mobilising to constrain and restrict the incoming light, as understood by Vedic Masters (first mentioned in *Chapter 5*).

We can, therefore, conclude that the *Great Divide* is a metaphysical phenomenon that's by design because it's part and parcel of what usually happens during a *Great Shift* – as the quote by Maya elder Carlos Barrios also tells us at the start of this chapter.

The Nature of the Underworld:

The nature of being within the metaphysical realm of *the underworld* is that people who are not very conscious could be susceptible to being at the behest of the dark forces within the underworld.

Remaining conscious means that one is aware that distinguishing between *Light* and dark (i.e., between truth and its opposites) and that making conscious decisions and choices according to those distinctions, is of the utmost importance. Such an approach guards against unintentionally and carelessly falling into the service of darkness through one's indifference to what is true and what is not.

The Purpose of the Great Divide:

The *Great Divide* also has a great purpose. The situations and circumstances created by the highly polarized energies are testing everyone. Through the results of the testing, a sorting process is taking place. A clear division is forming between those who are aligned to darkness (whether they are conscious of the fact or not) and those who are aligned to the Light.

Personal choices and decisions when conflicting circumstances arise, require distinctions being made between what's wrong and what's right, what's good and what is bad (in particular situations), and what's true

and what's not. Not making decisions, become decisions in themselves. It is, therefore, of the essence to understand that the situations and circumstances that are currently generated by the opposing, conflicting dark and light energies, are very powerful and very purposeful and will continue to be so throughout the *Greatest Shift*.

The truth is, not everyone is sufficiently motivated to *choose* truth, so the divide that's been forming has been between those who would rather remain in the comfort and familiarity of darkness, as opposed to those who have the courage to step out into the light. As stated before, in the physical world that's manifesting as a division between people who stand for truth, and people who are in opposition to it.

The aforementioned ongoing sorting processes distinguish between those who truly *want* to go through to a new *truth-based age* and those who don't really want to. Individuals who prefer to stay behind are doing so by not currently making the right choices or decisions to align themselves with the side of Light, and that places them on the side of darkness.

Wrong Side of the Divide:

Many people might unwittingly find themselves on the wrong side of the divide, because they have misread developments, or they simply went with the flow of things by joining certain sides or ideological groupings driven by darker motives than what was apparent on the surface.

However, the shifting real-world circumstances during the *Greatest Shift,* are continuously demanding decisions and choices, and individuals can shift their approach to being conscious about such choices and decisions, through discernment, rather than just blindly following the herd.

That said, in some cases, people may have gone so far down the *dark road*, that it may be difficult for them to turn around, or they may already have painted themselves into a corner.

Conscious Decisions Required:

In summary; even if a conscious decision was not made to support darkness, a person could unknowingly be on its side, hence the need for *conscious* decisions through personal will that overrides *unconsciousness*, carelessness and indifference. The circumstances during this shift are such that people are constantly confronted with moral or ethical decisions – decisions that require discernment each

time. People who constantly ignore moral or ethical considerations simply fall on the dark side.

The Agents of Evolution:

There's purpose in everything that happens in the universe – if we choose to see it. Those who have a yearning for truth, will seek it out. A yearning for truth means a yearning for evolution, as opposed to indifference, which results in devolution.

Due to duality, the *agents of devolution* have *(*according to mythology) a powerful role during the *Greatest Shift*; through their destructive ways, they are bringing the old world to an end – as has been prophesied. The agents of *evolution* have a powerful role too; through their *Light*, they are bringing the *New World* into being. The question every individual should ask themselves is, "What will be my role during the rest of the *Greatest Shift*?".

The Path of Light:

We are at *a crossroads* for humanity in many respects and every individual should choose wisely which road to take. It is not something difficult to do; to choose the *Path of Light,* which is the *Path of Truth.* Any person can make that personal decision. They can do their best to support truth as much as possible, where and when possible, even if the truth is not always self-evident.

Supporting truth is especially important for upholding inner and outer structures to mitigate the worst effects of the ongoing decay, turmoil and upheaval in the world. By seeking out the truth, truth is energetically drawn to the person who seeks it out.

CHAPTER 7

CREATING STRUCTURE THROUGH CONSCIOUSNESS

Oneness and separateness exist at the same time. There will never be only separateness, neither will there ever be only oneness. At different times the one will seem to dominate more than the other, and when shifts occur the order will reverse. Collective mindsets dominate during certain ages and autonomous and sovereign mindsets dominate in others, and that would depend on whether consciousnesses is either relatively low or relatively high.

Our human experience of reality is the result of a metaphysical paradigm that manifests as a physical paradigm to our senses, but our awareness of the metaphysical side is rather limited. Reality, as it manifests, is, therefore, often inexplicable or contrary to our expectations. A case in point is the *Greatest Shift* in 26,000 years that's currently in progress.

Although there's great purpose and divine power in this transition, awareness of its divine and metaphysical aspects remains largely out of the picture for the average observer. Spiritual and religious interpretations are, however, indispensable for a deeper understanding of what's unfolding in the world.

Crossing Boundaries:

Western civilization has its foundations within the consciousness of the Christian religion, but modern Christianity generally separates itself from that which it considers to be derived from animism or astrology. The Christian Bible does not place events within clearly defined time frames. Rather, it refers to *Signs of the Times* [1] which would indicate when Biblical times are upon the world. Bible prophecies describe through symbolism and metaphor what those signs would be.

Ancient civilizations, on the other hand, had clearly defined energy cycles and patterns that showed when specific time cycles would end and when new ones would start. They too had prophecies that indicated through symbolism and myth what the circumstances would be during certain time frames. Today, many observable current events and trends can be matched with that which had been predicted from within the knowledge bases of ancient civilizations and also from within Biblical scriptures.

The discussion in this chapter will continue to traverse some of the boundaries that exist between esoteric concepts, energy cycles, metaphysics, spirituality and the Christian religion, and it will also integrate subjects found in anthropology, mythology and psychology. These essays are written from a Western perspective, so, therefore, Christianity is highlighted, but some of the *signs of the times* that are referred to in the Bible appear in the scriptures of other religions too.

The Reality of Structure:

All belief systems set themselves apart from others and all of them hold to doctrines that are exclusive to others, which is a good example of compartmentalization and how that results in differentiation; and how differentiation leads to diversity and variety. Differentiation is a natural outcome of the reality of structure, and structure manifests itself in a multitude of ways.

Examples are that structure results in separation while non-structure results in inclusion. Structure results in components independent from each other and non-structure means everything is fluid or is integrated with vague distinctions. Structure leads to hierarchy and non-structure collapses hierarchies. Structure results in independence of thought and taking actions from a position of autonomy, whereas non-structure results in collective thought and taking action collectively.

Due to duality, a dichotomy always exists between structure and non-structure to varying degrees, but during certain time periods, non-structure becomes outright anti-structure and turns into a force that's driven to dismantle structures.

The Final Ten Years:

The previous chapter ended with a statement that the forces of darkness are bringing the old world to an end through their destructive ways. Such an understanding is arrived at through a study in the esoteric sciences on the subject of duality as it pertains to the rise and fall of civilizations. Biblical scriptures too, speak of a time when unbounded darkness would descend upon the world for a given period of time during the *end of days* [2].

In *Chapters 3, 4 and 5*, it was shown that we are indeed at the end of a very long cycle (marked by the *Dark Rift Transit*), which is the 26,000-year *Precession of the Equinoxes Cycle* that's currently winding down. A new cycle and, therefore, a *New World* will start up post-2032. At the same time, we are in the midst of a *Great Shift* between the *Maya Fourth World and Maya Fifth World which* will last for 40 years from 2012 to 2052. The centre-point of that shift will be in 2032 which correlates with the centre-point of the rebirth of the 26,000-year cycle which is between the years 2027 and 2032.

The End of Days:

The conclusion arrived at is that between the years 2022 and 2032 we are, therefore, in the final 10 years of *the old world* – with regards to the 26,000-year cycle – and we are approaching the centre point of the 40 year Maya *Great Cycle transition.* The view of this writer is that the probability that we are in the Biblical *end times* too, is, therefore, very high.

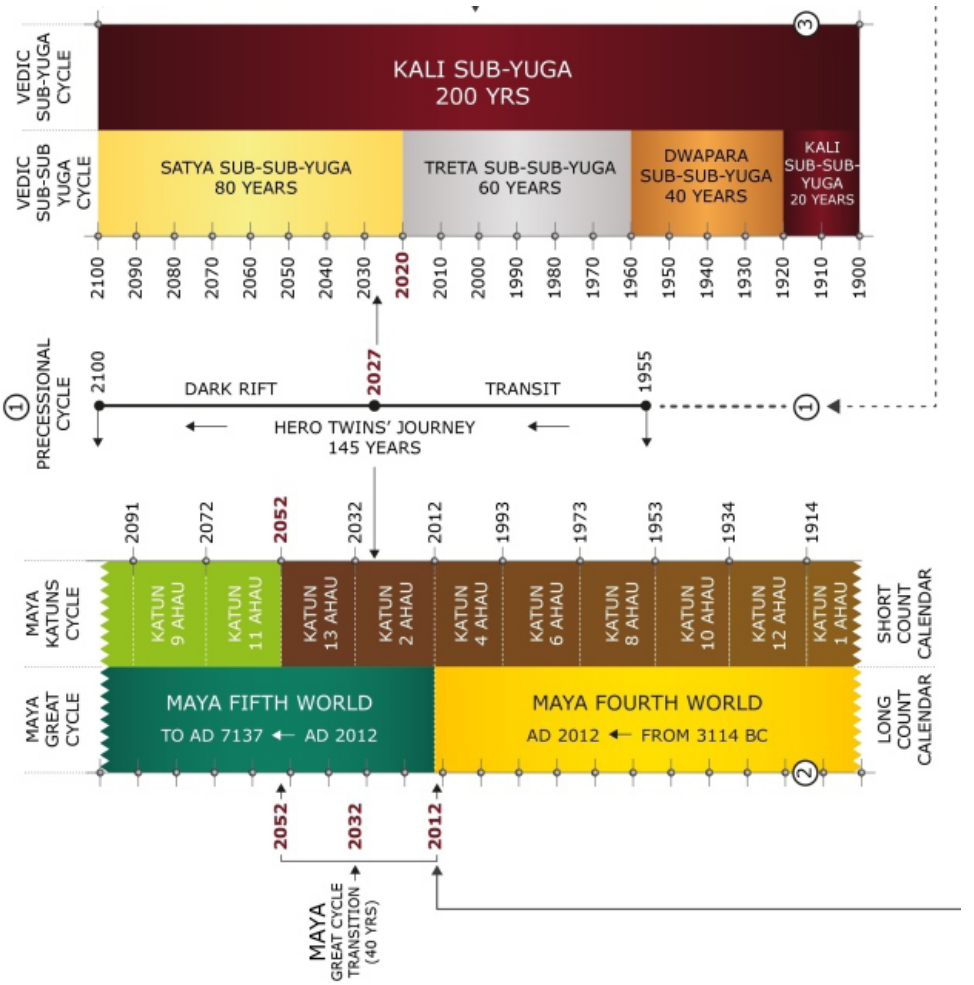

Fig. 19

In *Chapter 6* it was stated that a significant decline in human consciousness has occurred in recent years and that darkness has been in ascendancy to fill the vacuum. Presently, darkness is in full revival, while spiritual consciousness is rather low, which makes the current energy configuration very conducive for an *end-times* scenario. The upside is that the incoming light of a new truth-oriented consciousness is already subtly filtering in and will be more energized from around 2028 onward (as described in *Chapter 5*).

Maintaining Structure:

During this interim, low consciousness phase, it's up to individuals to not only maintain and grow their personal consciousness but to engage in laying the foundations of the *New World*, either in thought or in practice. Maintaining internal structure through consciousness

is essential for maintaining external order in the midst of the chaos and for preserving the boundaries that would normally provide safety and security, because many of those boundaries are in the process of collapsing due to wide-scale corruption and animosity, resulting in turmoil and upheaval.

Islands of Structure:

It is within islands of preserved structure where the seeds are sprouting for the foundations of the *New World*, internally first and then externally. The smallest island is the individual. Larger islands are family units, like-minded people and small communities. Metaphysically, the formation of islands of structure is a natural process, because as darkness descends and attempts to displace the light, people who are drawn to structure and light are naturally drawn to each other. Structured individuals and communities then split off naturally from broad collectives that are lacking in structure.

Transitioning into self-sufficiency is important. Self-determination through self-sufficiency combined with limited interdependence (only as far as it would be necessary and on a reciprocal basis) within localized communities could in some places be a model for weathering resource scarcity [3] and a lack of security. The formation of traditional closely-knit communities that foster self-reliance and community contributions is likely to be a good model because self-reliance without security in a world of scarcity does not provide for much resilience.

Darkness vs. The Light:

Darkness, as a metaphysical force, is in the process of artificially fashioning the world in its own image before the natural and organic birth of the *New World* takes place post-2032. The current in-between period of low consciousnesses, described previously, with all its resultant human weaknesses, is being taken advantage of by the darkness to achieve its long-term objectives.

The nature of darkness has been known since time immemorial and darkness should be expected to always act in accordance with its own nature. All ancient mythologies of the world, and our modern stories, depict darkness as being motivated to rule, to dominate and to subjugate. Metaphysically speaking, darkness perceives itself as being in eternal competition with the Light.

Biblical Times:

When deep darkness descends during a major transition such as the one we are in right now, its power accumulates to the extent that it's effectively given temporary reign. Another way of putting it would be to say that the universe makes an allowance for the forces of darkness to be activated and empowered for a limited time period in-between epochs. In the Christian Bible, the appearance of seemingly unconstrained darkness [4] occurs at the *end of days* during the time of *Tribulation* [5].

The nature of darkness is that it is motivated to mould the world – and the people within it – in its vision of how the world and its inhabitants should be. As stated before, the metaphysical energies are currently very conducive for darkness to enact its objectives because we are presently in the no-man's land of the *underworld* between two grand energy cycles where darkness has dominance.

This concept can also be understood through a study of anthropology with regards to what is known as *liminality* [6][7]. In a nutshell, there is structure in everything, even within the chaos of transitions because there are stages to transitions. Darkness would be aware of those stages and would attempt to prolong the in-between, *liminal* (*underworld*) stage of the transition.

The *underworld* phase of the *Greatest Shift* is a temporary phenomenon, so darkness has a limited window of opportunity to arrive at its objectives. Darkness rules best in its own domain, so if it can manage to hold everyone back from transitioning out of the underworld into a higher consciousness, it might manage to prolong its temporary reign indefinitely.

Ancient Esoteric Wisdom:

The energy-driven remaking of the world through processes of dissolution and reconstruction always happen during grand shifts from one epoch to the next. Ancient civilizations were aware that this phenomenon was built into major transitions between grand cycles and they made cryptic references to it in their inscriptions and texts referring to processes of disassembly and reassembly.

From a cause and effect principle, the actions of darkness will be a catalyst for the complete reordering of the world. Through the alchemy of duality, the negativity of darkness ends up generating its opposites. A knock-on effect with broad consequences is then set in motion. The reality is that without some upheaval from time to time, everything would

be static in the world and without major upheaval on rare occasions, a phenomenal change couldn't come about.

Metaphysically speaking, the *old world* is being taken down (disassembled) through the chaos that's caused by the *agents of devolution* who are commandeered by their unconsciousness to act destructively. Once the storms have subsided sufficiently and once the energy is conducive for it, a *New World* will have to be put together again (reassembled anew) by the *Builders of the New World*, but in an improved, elevated form that's aligned with the new consciousness of the new incoming age.

However, the consciousness of the old, outgoing world cannot authentically put together a *New World* in advance. A new consciousness is needed for that, but we are still transitioning into such a consciousness, which is why islands of structure in the interim period are like Noah's Arks. They act as lifeboats for sanctuary and preservation during the transition turmoil.

A Hypothetical Scenario:

If, hypothetically speaking, a simulated new world could be artificially constructed by darkness in advance, it would not have to transition into a higher consciousness, especially if it can convince everyone to join it in its artificially created new world. The forces of darkness are utterly materialistic and are either unable or unwilling to make a spiritual transition. It would, therefore, want to maintain materialism in the extreme, while the new age will require a move into spirituality with less emphasis on materialism.

Humanity at the Crossroads:

Decay, chaos and collapse always precede the genuine renewal phase when authentic rejuvenation and restructuring take place organically; and a *New World* always rises out of the rubble of the old world naturally. However, it's during the interim in-between stage that humans are susceptible to being misled and deceived into entering false new worlds.

In anthropology, a known aspect of *liminal* periods is that trickster [8] archetypes appear. They have a tendency of taking advantage of the confusion that usually reigns during transitions by amplifying it even more, thereby prolonging it while also posing or acting as saviours or rescuers by offering false solutions. What is of relevance here is that

the Christian Bible speaks of a time of *great deception* [4] during the *Tribulation* in the *End-Time*.

Bearing the above in mind, one could conclude that humanity has arrived at an important juncture. It has to choose which direction it wants to go – either towards an artificial, materialistic, fake 'new world'; or towards the real thing – a genuine, organic, natural and spiritually-infused, *real* New World – the one that has been predicted for so long by so many ancient traditions. We are at a split in the road. As things stand it would seem that some people will choose to go in one direction and others will choose to go in the other direction.

The Future is Bright:

We are presently in the midst of one of the most significant time periods in the entire history of the human race. A highly energized time of regeneration will follow the period of decay and destruction and will hold immense positive opportunities for inspired and *constructive* creatives who are motivated to participate in the regeneration and rebuilding processes.

Many spiritual communities put forward the concept of *Light Workers*. All *Light Workers* have a specific role and should intuitively know what that is. While some would want to stand for authentic truth, real freedom and true justice (publicly), others would want to be involved in building structured communities in anticipation of difficult times due to the upcoming economic downturn because of a fossil fuel energy decline [3] that is also being amplified by artificial means (see also *Collection 4*).

The End of Structure:

This brings the discussion to the observational aspects of the real-world decline of structures and the decay within them. What's currently transpiring in the world could be summarized as follows. All human-created structures are fallible because humans – who are fallible beings – are in charge of institutions created by other humans who came before them.

Modern, democratic nations are underpinned by constitutional frameworks and the rule of law. When those structures fail because humans fail to uphold them, civilization starts to crumble. Eventually, a partial or full collapse of the system becomes inevitable. A time period of non-structure (a type of *liminality*) then ensues.

When principled support for the institutions that are meant to uphold the structures that keep societies ordered, fade out because of a lack of care for them (or due to outright animosity towards them), such institutions enter a period of decay. Eventually, they end up being hollow shells that stand for something that's not really there anymore; they become empty shells manned by 'empty shells' – people who are there in person but not really there in spirit.

Structures that maintain order in society only have meaning and value from the perspective of a structured mind, meaning a personality that is well differentiated. A differentiated consciousness has a well developed conceptual framework for ethics in place and would have a relatively strong degree of moral autonomy – strong enough to withstand the ebb and flow of collective group-think.

Unfortunately, because of the invisible but general dissolution of inner structures in the Western World, corruption has more or less become the norm and many people have turned to exploiting the very structures that were meant to uphold values and principles in the first place. The result has been that important institutions are now being actively hollowed out from within by the very people who are supposed to preserve and maintain them.

When wide-scale corruption emanating from public institutions becomes patently obvious, the reverence that societies once felt for them declines to the extent that they lose legitimacy in the eyes of the general populace. People employed within them would, however, continue to prop them up, but only to maintain their positions and their benefits. The most corrupted individuals then usually rise to the top and everything becomes inverted; the institutions themselves then turn to promoting the opposite of what they were meant to stand for.

A Time for Introspection:

Liminal periods demand introspection. People can pull themselves out of the proverbial underworld through truth by removing the corruption from within themselves by facing the truth of their own corruption. This is the personal-level introspection that is required during this phase of the *Greatest Shift*. What that basically comes down to is that individuals would have to take an internal stand within themselves and within their institutions against corruption by recognizing it and by simply not participating in it.

Last Minute Transitions:

People who become aware that they tend to generally make the wrong choices that place them predominantly on the side of darkness have the opportunity to transition over to the side of structure and truth through their own personal willpower. Last-minute transitions usually come about through the arrival of a natural yearning for expanding one's consciousness rather than continuing to limit it through the denial of truth and the undermining of structures. This would be a sign of the spirit within a person being activated to override unconsciousness.

The Rise of Anti-Structure:

Those who are less conscious and, therefore, on auto-pilot mode, are often automatically under the direction of darkness, due to a lack of differentiation within themselves regarding wrong vs. right; good vs. bad, etc.

Anti-structure becomes an unconscious force during times of low consciousness and hive-mind collectives rise up against the structures that uphold society. Recent and ongoing examples have included the de-funding of police and wide-scale rioting, the undermining of free and fair elections, a broad denial of the existence of hierarchies, and the dismantling of age-old social institutions such as the traditional family and the existence of biological gender distinctions.

Many more such examples could be listed, but what underlies the general animosity that's levelled against traditional and well-established structures is – at the base of it – an ideology of anti-structure, because traditional and conservative values have structure. They have hierarchies in place within them and within those hierarchies, there's a lot of compartmentalization and differentiation.

Those who wish to participate in the subsequent rebuilding of the world, are not likely to participate in the instigation, promotion and propagation of destructive activities within the destruction phase of the *Greatest Shift,* while those on the other side will most likely relish the destructive phase because they woule sense that it's *their time.*

Sensible and *constructive* people cannot see any sense in senseless destruction. Generally, these would be people who favour order, cohesion and harmony and who are most likely spiritually inclined too. They would maintain their inner structure by maintaining their higher consciousness through their spiritual practices, cultural traditions, traditional values, or through their independence of thought.

Having to observe the destructiveness of the dissolution processes happening all around them without them being able to do very much about it, is the most difficult part for constructive people because they value structure and despair at the very obvious decline of their civilization.

The Great Divide (Revisited)

During these times of extreme duality, the *energies of darkness* and the *energies of light* in human form are choosing either side of the metaphysical divide – either the destructive processes or the constructive ones. In that sense, some people are acting as *agents of darkness* and some people are acting as *agents of Light* – and in both cases, it's by choice because on a subconscious level, even the most unconscious entity is ultimately aware of its actions. For the inhabitants of the *underworld*, the long-term future will be unknown, because they will have turned away from the new incoming *Light* by their own volition.

The two types of energies described above clearly hold very conflicting positions because they are compelled to fulfil very contrary roles during the *Greatest Shift*, which is why during these final ten years of the *old world* fading out, a person cannot be *for* darkness and also be *for* the *Light at* the same time. That's where the Divine purpose of the high levels of polarization in society during this time comes in – it creates the circumstances that force people to make clear choices between dark and Light many times over. It makes fence-sitting almost impossible and that's by Higher (metaphysical) design. The *Great Divide* has a great purpose – it is sorting the *wheat* from the *chaff*.

Circumstances are placing the dark and light energies in spiritual and, therefore, also moral and ethical opposition to each other, to the extent that the divide between the two poles increasingly cannot be reconciled. This is because of the extent to which some moral and ethical boundaries are being breached by the carriers of darkness; boundaries that are considered inviolable or sacrosanct to those who support personal freedoms, individual rights and – very importantly – the right to autonomous decision making when it comes to the acceptance of experimental medical interventions.

A Rite of Passage:

Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it – Matthew 7:13-14 [9]

When considering these extraordinary present-day circumstances from a spiritual and religious perspective, it could be interpreted that *The Universe* orders this scenario by way of a particular energy configuration that manifests at the very end of an epoch as a final test for humans to spiritually pass through as a metaphysical *rite of passage* before they can be born into a *New World.*

People who are spiritually adept would recognize clearly that the world has entered into a classic spiritual battle between the forces of good and evil. When consulting the opinions of wise mystics and elders, they all seem to be of the view that the deepest levels of darkness should be navigated strategically, because darkness is well organized and especially empowered within its own domain.

It would, for example, make little sense to want to wage battles against systems installed by the forces of darkness if one voluntarily decides to participate in such systems, because clearly those systems are established within the domain of darkness by darkness itself. Simply opting out of them in the first place would be a much wiser approach, and an easier route to follow.

The Transmutation of Darkness:

We are not in the business of fighting darkness, we are farmers of light – Jewel (Alaskan folk singer) [10]

The post-apocalyptic future will be an exceedingly bright one for motivated *Builders of the New World.* With the right engagement, the *Children of the Light* will see to it that the future is *bright* by always being oriented towards the *Light*. Just like darkness can displace light, Light can also displace darkness. While darkness is forcefully breaking down the mainlines, the *Light Workers* are already building on the sidelines.

Learning how to navigate the challenges posed by the forces of darkness can result in the expansion of consciousness through the inner

knowledge and personal growth that are obtained from the learning processes found within those challenges. Each challenge presents an opportunity to find ways to deal with that challenge and to transcend it.

The negativity presented by external processes of darkness can thereby be transmuted into positive internal processes of spiritual growth through the successful navigation of challenges. Inner resilience then becomes constantly strengthened through ongoing personal growth experiences offered by dark challenges, resulting in a positive approach to negative situations in general. Inner growth opportunities then end up becoming rewards that are almost always worth pursuing.

Arriving at such a state of mind is also a matter of pragmatism because it's simply the best way to navigate through dark times, as opposed to constantly considering oneself a victim of negative circumstances.

Viewing everything as a potential inner growth opportunity sets one firmly on the path of the *Spiritual Warrior.* Such an approach would naturally lead to inevitable positive and constructive changes in the outside world.

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Energy Shifts – Essay Collection 4

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* See also animated *web version*.

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